Hearing Protection

Technical Data Sheet
July 2026

3M™ E-A-R™ Push-Ins™

Description



The 3M™ E-A-R™ Push-Ins™ earplugs are designed for insertion into the ear canal to help reduce exposure to hazardous levels of noise. Designed with a fitting stem and foam tip. Simply insert the foam tip into the ear with the fitting stem--no roll down of the foam tip is required. Made with a washable foam, 3M™ E-A-R™ Push-Ins™ can be washed and reused. These products are available in corded, uncorded, and metal detectable versions.

Key Features

- No roll-down of the foam tip required
- Fitting stem helps eliminate the need to touch the foam tip when inserting into the ear canal
- Soft, flexible foam conforms to the unique shape of each ear canal to help form a comfortable fit
- One size fits most
- Washable and re-usable up to 10 workdays from first usage
- Available in both corded and uncorded versions
- Available in metal detectable version
- Compatible with 3M™ E-A-Rfit™ validation system

Laboratory Attenuation Values

Frequency (Hz)	125	250	500	1000	2000	3150	4000	6300	8000	NRR
Mean Attenuation (dB)	37.8	37.2	39.8	38.8	35.0	40.0	37.7	38.7	41.1	28
Standard Deviation (dB)	4.9	5.0	4.8	3.4	3.0	3.5	3.6	4.3	4.1	

Wash and Care

- Wash with mild soap and warm water only
- Allow to dry at room temperature. Do not use heat to dry the product
- Always inspect before using. Replace immediately if damaged or no longer soft/pliable

Warranty and Important Notice

Warranty

The warranty does not cover any damage caused by neglected maintenance or careless handling. For more information on maintenance, please see the user instruction. For complete warranty condition, contact your dealer or local 3M office.

Important Notice

3M does not accept liability of any kind, be it direct or consequential (including, but not limited to, loss of profits, business and/or goodwill) arising from reliance upon any information herein provided by 3M. The User is responsible for determining the suitability of the products for their intended use. 3M acknowledges the respective Trademark Owners' rights in this literature.

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3M PSD products are occupational use only.

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