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OVER 50 YEARS OF EXPERTISE

Nature Made



**Multi +
Omega-3**

MEN

Key nutrients support muscle &
immune health, energy metabolism[†]
+ heart-healthy omega-3s[†]

80 GUMMIES

Dietary Supplement

**STRAWBERRY,
LEMON &
ORANGE**
flavors with other
natural flavors

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.
‡Helps convert food into cellular energy†

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 40

Amount Per Serving	% Daily Value
Calories 25	
Total Carbohydrate 5 g	2%**
Total Sugars 4 g	*
Includes 4 g Added Sugars	8%**
Vitamin A (as Retinyl Acetate) 450 mcg	50%
Vitamin C (as Ascorbic Acid) 67.5 mg	75%
Vitamin D3 (as Cholecalciferol) 25 mcg (1000 IU)	125%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 15 mg	100%
Niacin (as Niacinamide) 16 mg	100%
Vitamin B6 (as Pyridoxine Hydrochloride) 1.3 mg	76%
Folate 200 mcg DFE (120 mcg Folic Acid)	50%
Vitamin B12 (as Cyanocobalamin) 6 mcg	250%
Biotin 30 mcg	100%
Zinc (as Zinc Citrate) 5.5 mg	50%
Chromium (as Chromium Chloride) 35 mcg	100%
Sodium 10 mg	1%
Fish Oil 227 mg	*
Total EPA & DHA 60 mg	*
Omega-3 DHA (Docosahexaenoic Acid) 50 mg	*
Omega-3 EPA (Eicosapentaenoic Acid) 10 mg	*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

USP has tested and verified ingredients, potency, and manufacturing process.
USP sets official standards for dietary supplements. www.uspverified.org

- ✓ No Artificial Flavors - Natural Fruit Flavors
- ✓ No Synthetic Dyes - Colors Derived from Natural Sources
- ✓ No High Fructose Corn Syrup
- ✓ No Artificial Sweeteners
- ✓ Gluten Free

SUGGESTED USE:

Adults, chew 2 gummies daily.

Keep out of reach of children. Store tightly closed, in a cool, dry place.

Contents may settle over time.

Do not use if seal under cap is broken or missing.

CAUTION: If you are taking medication or have blood clotting issues, consult your physician before use.

OTHER INGREDIENTS: Glucose Syrup, Sugar, Water, Gelatin, Less than 2% of Citric Acid, Pectin, Natural Flavors, Lactic Acid, Calcium Lactate, Colors Added (Including Carmine).

DISTRIBUTED BY:

Nature Made Nutritional Products
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www.NatureMade.com

Lot:
Exp: