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OVER 50 YEARS OF EXPERTISE

NatureMade®

**Advanced
Multi**

MEN

60% MORE total
nutrients*

Key nutrients support healthy
cognitive, heart & immune function
+ muscle & eye health†

Good source of Magnesium, Calcium + All 8 B's†

90 GUMMIES

Dietary Supplement

MIXED BERRY
flavor with
other natural
flavors

†As compared to Nature Made® Multi Gummies
‡per 3 gummies

†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, chew 3 gummies daily.

Keep out of reach of children. Store tightly closed, in a cool, dry place.
Contents may settle over time.

Do not use if seal under cap is broken or missing.

CAUTION: Take only as directed. If you are taking medication, consult
your physician before use.

- ✓ No High Fructose Corn Syrup
- ✓ No Artificial Flavors - Natural Fruit Flavors
- ✓ No Synthetic Dyes - Color Derived from Natural Source
- ✓ Gluten Free

Supplement Facts

Serving Size 3 Gummies
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 30		Vitamin B12 (as Cyanocobalamin) 12 mcg	500%
Total Carbohydrate 8 g	3%**	Biotin 30 mcg	100%
Total Sugars 5 g	*	Pantothenic Acid (as d-Calcium Pantothenate) 2.5 mg	50%
Includes 5 g Added Sugars	10%**	Calcium (as Tribasic Calcium Phosphate) 130 mg	10%
Protein less than 1 g		Iodine (as Potassium Iodide) 75 mcg	50%
Vitamin A (as Retinyl Acetate) 750 mcg	83%	Magnesium (as Magnesium Citrate) 42 mg	10%
Vitamin C (as Ascorbic Acid) 90 mg	100%	Zinc (as Zinc Citrate) 5.5 mg	50%
Vitamin D3 (as Cholecalciferol) 25 mcg (1000 IU)	125%	Selenium (as Selenium Yeast) 27.6 mcg	50%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 15 mg	100%	Manganese (as Manganese Sulfate) 1.15 mg	50%
Thiamin (as Thiamin Mononitrate) 0.24 mg	20%	Chromium (as Chromium Chloride) 17.5 mcg	50%
Riboflavin 0.26 mg	20%	Molybdenum (as Sodium Molybdate) 22.5 mcg	50%
Niacin (as Niacinamide) 8 mg	50%	Sodium 20 mg	1%
Vitamin B6 (as Pyridoxine Hydrochloride) 2 mg	118%		
Folate 200 mcg DFE (120 mcg Folic Acid)	50%		

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Glucose Syrup, Sugar, Water, Gelatin, Citric Acid, Less than 2%
of Pectin, Color Added, Palm Oil, Natural Flavors, Carnauba Wax.

DISTRIBUTED BY: Nature Made Nutritional Products

West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency, and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

Lot:
Exp.: