PK003071
5A219

Actual Fill

0 31604 00632 7

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

Nature Made®

MICRONIZED POWDER

Creatine Monohydrate

5 g

NSF CERTIFIED SPORT

MUSCLE

Supports healthy aging, muscle strength & function + cellular energy metabolism‡†

DRINK MIX POWDER

UNFLAVORED DRINK MIX POWDER
90-DAY SUPPLY

Dietary Supplement
NET WT 15.8 OZ (450 g)

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

‡within muscle in combination with resistance training

SUGGESTED USE: **Adults, take one level scoop daily. To enjoy, mix one level scoop into 4-6 oz of water or other beverages, preferably at room temperature or warm. Please consume adequate water and electrolytes during exercise.**

Store tightly closed, in a cool, dry place, out of reach of children.

- ✓ No Artificial Colors
- ✓ No Flavors
- ✓ Gluten Free
- ✓ No Preservatives
- ✓ Vegetarian

Supplement Facts

Serving Size 1 Level Scoop (5 g)
Servings Per Container 90

Amount Per Serving	% Daily Value
Creatine Monohydrate 5 g	*

* Daily Value not established.

IMPORTANT: **Tamper-evident seal under cap. Do not use if seal is broken or missing.**

CAUTION: Not for use by individuals under the age of 18 years. If you are planning to undergo lab testing, pregnant, attempting to become pregnant, nursing, taking any medications, or have any medical conditions, consult your physician before use.

DISTRIBUTED BY: **Nature Made Nutritional Products**
West Hills, CA 91309-9903, USA
1-800-276-2878 • www.NatureMade.com

Packaged and quality tested in the USA.
Made to our guaranteed purity and potency standards.
★Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot :
Exp.: