

List No. 2778
PK000355
5A044

#1 PHARMACIST RECOMMENDED

VITAMIN &
SUPPLEMENT
BRAND[†]

Nature Made

D₃

EXTRA STRENGTH

5000 IU (125 mcg)

VALUE SIZE



Supports
immune
health[†]

180 SOFTGELS

Supports bone,
teeth & muscle
health[†]

Dietary Supplement

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

■ Use daily to help raise Vitamin D levels if deficient.^{††}

SUGGESTED USE: This product is designed for those with higher vitamin D needs and/or deficiency^{††}, as determined by a healthcare professional. Take one softgel daily with a meal.

For easier swallowing, take with water before and during ingestion.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
Vitamin D ₃ (as Cholecalciferol)	625%
125 mcg (5000 IU)	

OTHER INGREDIENTS:

Soybean Oil, Gelatin, Glycerin, Medium Chain Triglycerides.

DISTRIBUTED BY:

Nature Made Nutritional Products

West Hills, CA 91309-9903, USA

1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

†Approx 29% of the U.S. adults are Vitamin D deficient (<5 nmol/L).

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ Gluten Free

CAUTION: Use only as directed by your healthcare professional. Do not exceed one softgel daily or take with other supplements containing vitamin D. Consult with your healthcare professional before using if you are pregnant, nursing, taking any medications, or have any chronic medical conditions.

Lot:
Exp.:

