

PK002774
5B010

OVER 50 YEARS OF EXPERTISE

Nature Made



Multi

WOMEN

Key nutrients support bone
& immune health
+ energy metabolism^{††}

150 GUMMIES

Dietary Supplement

STRAWBERRY
flavor with other
natural flavors

†Helps convert food into cellular energy[†]

^{††}These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 75

Amount Per Serving	% Daily Value
Calories 15	
Total Carbohydrate 3 g	1%**
Total Sugars 3 g	*
Includes 3 g Added Sugars	5%**
Vitamin A (as Retinyl Acetate) 450 mcg	50%
Vitamin C (as Ascorbic Acid) 36 mg	40%
Vitamin D3 (as Cholecalciferol) 25 mcg (1000 IU)	125%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 15 mg	100%
Niacin (as Niacinamide) 8 mg	50%
Vitamin B6 (as Pyridoxine Hydrochloride) 2 mg	118%
Folate 400 mcg DFE (240 mcg Folic Acid)	100%
Vitamin B12 (as Cyanocobalamin) 7.2 mcg	300%
Biotin 150 mcg	500%
Calcium (as Tricalcium Phosphate) 130 mg	10%
Iodine (as Potassium Iodide) 150 mcg	100%
Zinc (as Zinc Citrate) 5.5 mg	50%
Chromium (as Chromium Chloride) 17.5 mcg	50%

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

SUGGESTED USE: Adults, chew 2 gummies daily. This product does not contain iron. Consult with your physician as to specific iron supplementation needs.

Keep out of reach of children. Store tightly closed, in a cool, dry place.

Contents may settle over time.

Do not use if seal under cap is broken or missing.

- ✓ No Artificial Flavors - Natural Fruit Flavors
- ✓ No Synthetic Dyes - Colors Derived from Natural Sources
- ✓ No High Fructose Corn Syrup
- ✓ No Artificial Sweeteners
- ✓ Gluten Free

CAUTION: Take only as directed. If you are taking medication, consult your physician before use. Biotin may interfere with lab tests. If you are planning to undergo lab testing, consult your physician before use.

OTHER INGREDIENTS: Glucose Syrup, Sugar, Water, Gelatin, Less than 2% of Citric Acid, Pectin, Palm Oil, Natural Flavors, Carnauba Wax, Silicon Dioxide, Colors Added (Including Carmine).

DISTRIBUTED BY: Nature Made Nutritional Products

West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency, and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

Lot :
Exp. :