

PK002345
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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

NatureMade

HIGH ABSORPTION*

Magnesium

Glycinate
300 mg
per 3 capsules



Chelated
—
**Gentle on the
stomach**

90 CAPSULES

**Supports muscle
relaxation, heart,
nerve and bone
health†**

Dietary Supplement

†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.
♦Magnesium Glycinate is better absorbed than Magnesium Oxide.

SUGGESTED USE: Adults, take 3 capsules daily with water and a meal.

Store tightly closed, in a cool, dry place,
out of reach of children.

Do not use if seal under cap is broken or missing.

CAUTION: If you have kidney disease or are taking
any medication, consult your physician before use.

✓ No Color Added
✓ No Artificial Flavors
✓ Gluten Free

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Magnesium (as Magnesium Bisglycinate) 300 mg	71%

OTHER INGREDIENTS:

Hypromellose,
Magnesium
Stearate, Cellulose
Gel, Silicon Dioxide.

DISTRIBUTED BY:

Nature Made Nutritional Products

West Hills, CA 91309-9903, USA

1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency, and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot:
Exp.: