

PK002650
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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*



Magnesium

250 mg

VALUE SIZE

Supports
muscle
relaxation[†]

200 TABLETS

Supports
nerve, heart
& bone health[†]

Dietary Supplement

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 1 tablet daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

CAUTION: If you have kidney disease or are taking any medication, consult your physician before use.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Magnesium 250 mg (as Magnesium Oxide)	60%

- ✓ No Synthetic Dyes - Color Derived from Natural Sources
- ✓ No Artificial Flavors
- ✓ Gluten Free

OTHER INGREDIENTS: Cellulose Gel, Croscarmellose Sodium, Stearic Acid, Less than 2% of Hypromellose, Magnesium Stearate, Silicon Dioxide, Color Added, Polyethylene Glycol, Triethyl Citrate, Polysorbate 80.

DISTRIBUTED BY: Nature Made Nutritional Products

West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

Tableted and quality tested in the USA. Made to our guaranteed purity and potency standards.

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot:
Exp.: