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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

NEW

Nature Made

Advanced
**Magnesium
Complex**

400 mg (200 mg from Glycinate)
per 2 tablets

WHOLE BODY HEALTH

25% MORE Magnesium
types*

Premium Blend: Glycinate, Malate,
Citrate, Taurate & Glycerophosphate
Supports whole-body wellness & healthy aging*

60 TABLETS

Dietary Supplement

†Compared to Nature Made® Magnesium Complex Capsules

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 2 tablets daily with meals.
If stomach upset, nausea, or diarrhea occurs, reduce daily
serving or distribute daily intake across meals.
Store tightly closed, in a cool, dry place, out of reach of children.
Do not use if seal under cap is broken or missing.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories 15	
Total Carbohydrate 1 g	<1%*
Magnesium 400 mg (as Magnesium Glycinate, Malate, Citrate, Taurate and Glycerophosphate)	95%
Sodium 15 mg	<1%

*Percent Daily Values are based on a 2,000
calorie diet.

Tableted and quality tested in the USA. Made to our guaranteed purity and potency standards.
★Based on a survey of pharmacists who recommend branded vitamins and supplements.

- ✓ No Synthetic FD&C Dyes
- ✓ No Artificial Flavors
- ✓ No Preservatives
- ✓ Gluten Free

CAUTION: Do not exceed 2 tablets daily or take
with other products that contain magnesium, unless
recommended by your physician. Product may
cause gastrointestinal disturbance, including diarrhea.
If you have kidney disease or are taking any medication,
consult your physician before use.

OTHER INGREDIENTS: Croscarmellose Sodium,
Cellulose Gel, Hydroxypropyl Cellulose, Crospovidone,
Less than 2% of Stearic Acid, Hypromellose, Silicon
Dioxide, Magnesium Stearate, Rice Starch,
Isomalt, Glycerin, Medium Chain Triglycerides,
Carnauba Wax.

DISTRIBUTED BY:

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1-800-276-2878 • www.NatureMade.com

Lot:
Exp.: