

PK002160
5A009

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

NatureMade

HIGH ABSORPTION*

Magnesium

Citrate

250 mg
per serving

VALUE SIZE



Supports
more than 300
enzymatic reactions
in the body[†]

120 SOFTGELS

Supports
muscle relaxation,
heart, nerve &
bone health[†]

Dietary Supplement

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

◆Magnesium Citrate is better absorbed than Magnesium Oxide.

SCAN FOR MORE
INFORMATION



SUGGESTED USE: Adults, take
2 softgels daily with water and a meal.

Store tightly closed, in a cool, dry
place, out of reach of children.

**Do not use if seal under cap is
broken or missing.**

CAUTION: If you have kidney disease
or are taking any medication, consult your physician before use.

- ✓ No Synthetic Dyes -
Colors Derived from
Natural Sources
- ✓ No Artificial Flavors
- ✓ Gluten Free

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 60

Amount Per Serving	% Daily Value
Calories 15	
Total Fat 1 g	1%*
Saturated Fat 1 g	5%*
Total Carbohydrate 2 g	1%*
Protein less than 1 g	
Magnesium (as Magnesium Citrate) 250 mg	60%*

*Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS:

Vegetable Oil (Soybean Oil and/or
Medium Chain Triglycerides Oil),
Gelatin, Glycerin, Lecithin, Yellow
Beeswax, Colors Added
(Including Carmine).

DISTRIBUTED BY: Nature Made Nutritional Products
West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot: _____
Exp: _____

