

PK003043
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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*



— TIME RELEASE —

B12
1000 mcg

**Helps reduce
fatigue for those
low in vitamin B12†**

160 TABLETS

**Supports
brain cell
function†**

Dietary Supplement

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 1 tablet daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin B12 (as Cyanocobalamin) 1000 mcg	41,667%
Calcium (as Dibasic Calcium Phosphate) 50 mg	4%

OTHER INGREDIENTS: Cellulose Gel, Hypromellose, Stearic Acid, Less than 2% of Silicon Dioxide, Magnesium Stearate.

DISTRIBUTED BY: Nature Made Nutritional Products
West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

Tableted and quality tested in the USA. Made to our guaranteed purity and potency standards.

★ Based on a survey of pharmacists who recommend branded vitamins and supplements.

Our time release formula extends vitamin absorption by the body.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ No Preservatives
- ✓ Gluten Free

CAUTION: If you are taking medication, consult your physician before use.

Lot:
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