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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

NEW

Nature Made

Magnesium Citrate

EXTRA STRENGTH DOSAGE

400 mg
per 2 tablets

BONE + MUSCLE

HIGH ABSORPTION*

Supports muscle relaxation, heart,
nerve, bone health and 300+
enzymatic reactions in the body†

60 TABLETS

Dietary Supplement

†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.
◆Magnesium Citrate is better absorbed than Magnesium Oxide.

SUGGESTED USE: Adults, take 2 tablets daily with water and a meal.

Store tightly closed, in a cool, dry place,
out of reach of children.

Do not use if seal under cap is broken or missing.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories 10	
Total Carbohydrate 3 g	1%*
Dietary Fiber <1 g	3%*
Magnesium (as Magnesium Citrate) 400 mg	95%
Sodium 10 mg	<1%

*Percent Daily Values are based on a 2,000 calorie diet.

DISTRIBUTED BY:

Nature Made Nutritional Products

West Hills, CA 91309-9903, USA

1-800-276-2878 • www.NatureMade.com

Tableted and quality tested in the USA, Made to our guaranteed purity and potency standards.

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

- ✓ No Synthetic FD&C Dyes
- ✓ No Artificial Flavors
- ✓ Gluten Free

CAUTION: Do not exceed two tablets daily or take with other products that contain magnesium, unless recommended by your physician. Product may cause gastrointestinal disturbance, including diarrhea. Consult your physician before use if you have kidney disease or are taking medication.

OTHER INGREDIENTS: Cellulose Gel, Croscarmellose Sodium, Less than 2% of Hydroxypropyl Cellulose, Magnesium Stearate, Color Added, Hypromellose, Isomalt, Silicon Dioxide, Medium Chain Triglycerides, Carnauba Wax.

Lot:
Exp.: