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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

Nature Made

GUMMIES

Ashwagandha

100% Drug Free
—
**Helps calm
and reduce stress†**

Dietary Supplement
60 GUMMIES



†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, chew 1 gummy twice daily.
Store tightly closed, in a cool, dry place, out of reach of children.
Do not use if seal under cap is broken or missing.

Supplement Facts

Serving Size 1 Gummy

	Per Gummy		Per Day (2 Gummies)	
	Amount	%DV	Amount	%DV
Calories	15		25	
Total Carbohydrate	3 g	1%**	6 g	2%**
Total Sugars	2 g	*	4 g	*
Includes Added Sugars	2 g	4%**	4 g	7%**
Sodium	10 mg	<1%	15 mg	1%
KSM-66® Ashwagandha (<i>Withania somnifera</i>) Root Extract	150 mg	*	300 mg	*

* Daily Value (%DV) not established.

** Percent Daily Values are based on a 2,000 calorie diet.

- ✓ No Artificial Flavors – Natural Fruit Flavors
- ✓ No Synthetic Dyes – Color Derived from Natural Sources
- ✓ No Artificial Sweeteners
- ✓ Gluten Free
- ✓ Vegan

CAUTION: If you are pregnant, nursing, have any existing health condition, or are taking medications, consult your physician before use.

OTHER INGREDIENTS:
Organic Cane Sugar, Tapioca Syrup, Water, Pectin, Less than 2% of Citric Acid, Medium Chain Triglycerides, Natural Flavors, Sodium Citrate, Sunflower Lecithin, Tapioca Starch, Colors Added.

DISTRIBUTED BY: Nature Made Nutritional Products
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KSM-66® is a registered trademark of Ixoreal Biomed Inc.
Quality tested in the USA. Made to our guaranteed purity and potency standards.
★Based on a survey of pharmacists who recommend branded vitamins and supplements.