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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*



— HIGH ABSORPTION* —

Magnesium

Glycinate

200 mg
per serving

Chelated
—
**Gentle on the
stomach**

60 CAPSULES

**Supports muscle
relaxation, heart,
nerve and bone
health†**

Dietary Supplement

†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.
◆ Magnesium Glycinate is better absorbed than Magnesium Oxide.

SUGGESTED USE: Adults, take 2 capsules daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

CAUTION: If you have kidney disease or are taking any medication, consult your physician before use.

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per Serving	% Daily Value
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Magnesium (as Magnesium Bisglycinate) 200 mg	48%
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- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ Gluten Free

OTHER INGREDIENTS: Hypromellose,
Magnesium Stearate, Cellulose Gel, Silicon Dioxide.

DISTRIBUTED BY: Nature Made Nutritional Products

West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

Encapsulated and quality tested in the USA. Made to our guaranteed purity and potency standards.

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot: _____
Exp.: _____