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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

NatureMade

BURP-LESS*

Ultra Omega-3^{††} from
Fish Oil
1400 mg (1000 mg Omega-3^{††})



Lemon Scent

Less fishy
odor and
aftertaste*

1 Per Day

130 SOFTGELS

Purified to
remove mercury*

Helps support a healthy
heart, brain and eyes[†]

Dietary Supplement

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Calories 15	
Total Fat 1 g	2% **
Polyunsaturated Fat 1 g	
Cholesterol 15 mg	5%
Total Carbohydrate less than 1 g	<1% **
Omega-3 Concentrate from Fish Oil ^{††} 1400 mg	*
Total Omega-3 Fatty Acids ^{††} 1000 mg	*
EPA (Eicosapentaenoic Acid) Omega-3 ^{††} 683 mg	*
DHA (Docosahexaenoic Acid) Omega-3 ^{††} 252 mg	*
Other Omega-3 ^{††} 65 mg	*

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Gelatin, Glycerin, Tocopherols (antioxidant).

DISTRIBUTED BY: Nature Made Nutritional Products

West Hills, CA 91309-9903, USA

1-800-276-2878 • www.NatureMade.com

Fish Oil Country of Origin: Norway, Canada, Chile, or Spain.

Encapsulated and quality tested in the USA. Made to our guaranteed purity and potency standards.

Fish oils used to produce this product come from sustainably caught wild fish, not farm raised fish. Color variation is normal.

*Specially made to reduce fishy odor and aftertaste, and fishy burps.

^{††}As ethyl esters

*Purified to remove PCBs, dioxins and furans, and mercury to ensure levels below 0.09 ppm, 2 ppt WHO TEQs, and 0.1 ppm respectively.

*Based on a survey of pharmacists who recommend branded vitamins and supplements.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat and cholesterol content).

✓ No Color Added
✓ No Gluten
✓ No Milk
✓ No Shellfish

SUGGESTED USE: Adults,
take 1 softgel daily with water
and a meal for optimal absorption.

Store tightly closed, in a cool, dry
place, out of reach of children.

**Do not use if seal under cap is
broken or missing.**

CAUTION: If you are pregnant,
nursing, taking medications, or have
blood clotting issues, consult your
physician before use.

Lot:
Exp: