

PK001523
5A129

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

NatureMade

wellblends™

Calm
& RELAX™

125 MG
ASHWAGANDHA*



*CLINICALLY STUDIED ASHWAGANDHA
†MAGNESIUM

54 VEGETARIAN CAPSULES | *2 capsules per serving
DIETARY SUPPLEMENT

Capsule image not actual size
††Ingredients powered by science

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

- No Artificial Flavors • No Color Added • No Preservatives
- Gluten Free • Vegetarian • Non Habit Forming

Supplement Facts

Serving Size 2 Vegetarian Capsules
Servings Per Container 27

Amount Per Serving	% Daily Value
Total Carbohydrate less than 1 g	<1%**
Magnesium (as Magnesium Oxide) 300 mg	71%
Sensoril® Ashwagandha 125 mg	*
(Withania somnifera) root and leaf extract	

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

SUGGESTED USE:

Adults, take 2 vegetarian capsules daily with water. Store tightly closed, in a cool, dry place, out of reach of children. Do not use if seal under cap is broken or missing.

CAUTION: If you are pregnant, nursing, or taking medications, consult your physician before use.

OTHER INGREDIENTS:

White Rice Flour, Hypromellose, Magnesium Stearate, Silicon Dioxide.

DISTRIBUTED BY: Nature Made Nutritional Products
West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

SENSORIL® is a registered trademark of Natreon, Inc. Encapsulated and quality tested in the USA. Made to our guaranteed purity and potency standards.

▲ Magnesium helps relax the body.†

★ Based on a survey of pharmacists who recommend branded vitamins and supplements.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot:
Exp.: