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OVER 50 YEARS OF EXPERTISE

NatureMade



Prenatal

Folic Acid + DHA

CLINICALLY PROVEN
ABSORPTION
OF FOLIC ACID & IRON



Orange Scent

Multivitamin
with 20 key
nutrients

1 Per Day

100 SOFTGELS

EVERYDAY VALUE

Supports
the development
of baby's brain, eyes
& nervous system[†]

Dietary Supplement

[†]This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 1 softgel daily with water and a meal for optimal absorption.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel % Daily Value for Pregnant Women and Lactating Women

Calories 5

Cholesterol less than 5 mg 1%

Vitamin A (as Beta Carotene) 770 mcg 59%

Vitamin C (as Ascorbic Acid) 85 mg 71%

Vitamin D3 (as Cholecalciferol) 25 mcg (1000 IU) 167%

Vitamin E (as d-Alpha Tocopherol) 15 mg 79%

Vitamin K (as Phytonadione) 90 mcg 100%

Thiamin (as Thiamine Mononitrate) 1.4 mg 100%

Riboflavin 1.4 mg 88%

Niacin (as Niacinamide) 18 mg 100%

Vitamin B6 (as Pyridoxine Hydrochloride) 1.9 mg 95%

Folate 1330 mcg DFE (800 mcg Folic Acid) 222%

Vitamin B12 (as Cyanocobalamin) 5.2 mcg 186%

Biotin 30 mcg 86%

Pantothenic Acid (as d-Calcium Pantothenate) 6 mg 86%

Calcium (as Calcium Carbonate) 150 mg 12%

Iron (as Ferrous Fumarate) 27 mg 100%

Iodine (as Potassium Iodide) 150 mcg 52%

Magnesium (as Magnesium Oxide) 45 mg 11%

Zinc (as Zinc Oxide) 11 mg 85%

Omega-3 Fatty Acids (from Fish Oil Concentrate)^{††} 260 mg *

Omega-3 Docosahexaenoic Acid (DHA)^{††} 200 mg *

Omega-3 Eicosapentaenoic Acid (EPA)^{††} 60 mg *

*Daily Value not established.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not
use if seal
under cap is broken or missing.

✓ No Synthetic FD&C Dyes
✓ Gluten Free

CAUTION: If you are taking medication or have blood clotting issues, consult your physician before use.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

OTHER INGREDIENTS: Gelatin, Glycerin, Lecithin, Less than 2% of Soybean Oil, Dibasic Calcium Phosphate, Yellow Beeswax, Tocopherols, Resin, Ascorbyl Palmitate.

DISTRIBUTED BY:

Nature Made Nutritional Products

West Hills, CA 91309-9903, USA

1-800-276-2878

www.NatureMade.com

USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. www.uspverified.org

^{††} As ethyl esters

Lot: Exp: