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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*



Algae Omega-3

540 mg
per serving

Helps support
a healthy heart,
brain & eyes[†]

70 VEGGIE SOFTGELS

100%
Plant-based
Omega-3

Dietary Supplement

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat content).

Supplement Facts

Serving Size 2 Vegetarian Softgels
Servings Per Container 35

Amount Per Serving	% Daily Value
Calories 15	
Total Fat 1.5 g	2%**
Polyunsaturated Fat 1 g	
Cholesterol less than 5 mg	1%
Total Carbohydrate less than 1 g	<1%**
Sodium 15 mg	1%
Algal Oil 1500 mg	*
Total Omega-3 Fatty Acids 540 mg	*
EPA (Eicosapentaenoic Acid) Omega-3 180 mg	*
DHA (Docosahexaenoic Acid) Omega-3 360 mg	*

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

life's[®] OMEGA is a trademark of DSM.

Quality tested in the USA. Made to our guaranteed purity and potency standards.

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

SUGGESTED USE:

Adults, take 2 veggie softgels daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

CAUTION: If you are pregnant, nursing, taking medications, or have blood clotting issues, consult your physician before use.

OTHER INGREDIENTS: Water, Sunflower Oil, Modified Food Starch, Glycerin, Sorbitol, Colors Added, Carrageenan, Tocopherols, Natural Flavor, Sunflower Lecithin, Ascorbyl Palmitate.

DISTRIBUTED BY:

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- ✓ No Synthetic Dyes - Colors Derived from Natural Sources
- ✓ No Artificial Flavors
- ✓ Gluten Free
- ✓ Vegetarian



Lot:
Exp.: