

PFEX30124-INT v0 Part List				
PFEX30124-INT v0 - PROFORM PRO TRAINER 500 BIKE				
Key #	Part #	Description	Qty	Date Changed
	.	PROFORM PRO TRAINER 500	0	
	.	11/23 CHINA,JAA	0	
	.	COMPANY 11 REV R1123A	0	1/15/24
	.	.	0	
	.	MEMOS	0	
	TM11-190	TM11-190 ELECTRICAL/	0	
	.	WIRING ISSUES	0	
	.	.	0	
1	NSP	FRAME	1	
2	442722	FRONT STABILIZER	1	
3	442718	REAR STABILIZER	1	
4	447417	HANDLEBAR	1	
5	445210	CONSOLE MOUNT	1	
6	452085	CONSOLE	1	
7	451775	SEAT POST	1	
8	451877	SEAT	1	
9	451776	HANDLEBAR POST	1	
10	447482	SEAT CARRIAGE	1	
11	398525	HAND WEIGHT	2	
12	445243	LEFT WEIGHT REST	1	
13	442426	ADJUSTMENT HANDLE	2	
14	442793	ADJUSTMENT KNOB	2	
15	445281	WATER BOTTLE HOLDER	1	
16	445364	RIGHT PEDAL	1	
17	445365	LEFT PEDAL	1	
18	445214	RIGHT CRANK ARM/CRANK	1	
19	445215	LEFT CRANK ARM	1	
20	451715	RESISTANCE CABLE	1	
21	451755	RESISTANCE BRACKET	1	
22	398618	RESISTANCE SPRING	1	
23	444191	RESISTANCE MAGNET	1	
24	411458	RESISTANCE MOTOR	1	
25	407143	BRAKE KNOB	1	
26	439076	PEDAL WRENCH	1	
27	.	WHICH PART IS NEEDED?	0	
27A	448188	BRAKE SHAFT	1	
27B	448044	BRAKE SHAFT,LOWER	1	
28	447489	BRAKE SPRING	1	
29	452097	BRAKE BRACKET	1	
30	398701	BRAKE SPACER	2	
31	.	WHICH PART IS NEEDED?	0	
31A	376548	IDLER	1	
31B	367798	IDLER WASHER,M8 FLAT	1	
31C	14132	IDLER WASHER,3/8" FLAT	1	
32	444830	PULLEY COVER	1	
33	444556	RIGHT HUB COVER	1	

34	451770	OUTER BELT COVER	1
35	444265	INNER BELT COVER	1
36	444651	IDLER COVER	1
37	444744	CRANK COVER	1
38	444632	MOTOR COVER	1
39	444302	BRAKE COVER	1
40	447443	M8 WASHER	2
41	442727	SEAT POST SLEEVE	1
42	444913	CRANK ARM CAP	2
43	317094	SNAP RING	2
44	291606	CRANK BEARING	2
45	451701	PULLEY	1
46	175643	DRIVE BELT	1
47	451769	FLYWHEEL	1
48	356254	M10 WASHER	2
49		WHICH PART IS NEEDED?	0
49A	342081	ADJUSTMENT WASHER	2
49B	12142	ADJUSTMENT NUT	2
49C	444188	ADJUSTMENT EYEBOLT	2
50	444053	LEFT FLYWHEEL SPACER	1
51	440517	WHEEL	2
52	157600	FOOT	2
53	246285	LEVELING FOOT	2
54	442723	CAP	4
55	444854	POST CAP	2
56	444929	SEAT POST CAP	1
57	411085	REED SWITCH/WIRE	1
58	282277	CLAMP	1
59	450109	GROMMET	2
60	437407	RIGHT FLYWHEEL SPACER	1
61	133333	CLIP NUT	2
62	113842	MAGNET	2
63	384942	M8 X 20MM FLAT HEAD SCREW	4
64	333350	M8 LOCKNUT	4
65	444464	LEFT INNER HUB COVER	1
66	444746	METAL RETENTION CLIP	1
67	403083	BRAKE NUT	1
68	256446	M8 JAM LOCKNUT	3
69	212055	M8 X 25MM SCREW	4
70	447434	POST SLEEVE	2
71	444858	PLASTIC RETENTION CLIP	2
72	443361	M8 X 42MM BOLT	2
73	444210	M6 X 45MM SHOULDER SCREW	2
74	373150	M4 X 12MM BLUNT SCREW	24
75	339153	M10 FLANGE NUT	3
76	400230	M5 LOCKNUT	1
77	400224	M5 X 35MM BOLT	1
78	398898	BRAKE BUSHING	1
79	396759	M8 X 16MM SCREW	2
80	195562	M4 X 16MM SCREW	2

81	451510	HANDLEBAR POST SLEEVE	1	
82	446362	LOWER WIRE	1	
83	452922	M5 X 8MM SCREW	4	
84	444462	LEFT HUB COVER	1	
85	444463	HUB SHIELD	1	
86	417316	CONSOLE HOUSING	1	
87	250961	M4 X 19MM SCREW	6	
88	251044	GROUND SCREW	1	
89	417397	CONSOLE DECK	1	
90	445370	UPPER WIRE	1	
91	444679	HANDLEBAR POST CAP	1	
92	445239	RIGHT WEIGHT REST	1	
93	184369	M4 X 16MM MACHINE SCREW	1	
94	350331	M4 X 15MM BLUNT SCREW	3	
95	379071	M4 X 10MM BLUNT SCREW	2	
.	.	NON-ILLUSTRATED PARTS	0	
#	16057	8" CABLE TIE	1	
#	316650	8" 50LB CABLE TIE	2	
#	132315	RELEASABLE CABLE TIE	1	
#	116566	15.5" CABLE TIE	1	
#	408570	5MM ALLEN WRENCH	1	
#	290306	DECAL,NFW WARNING, 6LANG	1	
#	290295	DECAL,NFW WARNING	1	
#	451854	USER'S MANUAL,ENGLISH	1	
#	451855	USER'S MANUAL,DUTCH	1	
#	451856	USER'S MANUAL,GERMAN	1	
#	451857	USER'S MANUAL,FRENCH	1	
#	451858	USER'S MANUAL,ITALIAN	1	
#	451859	USER'S MANUAL,SPANISH	1	
#	451860	USER'S MANUAL,PORTUGUESE	1	
#	1000032	USER'S MANUAL,SWEDISH	1	8/28/24
#	451853	LITPAC, NOTE:	1	
.	.	CONTAINS HARDWARE KIT	0	
#	451663	HARDWARE KIT, NOTE:	1	
.	.	INCLUDED IN LITPAC	0	
.	.	.	0	
.	.	OPTIONAL ACCESSORIES	0	
#	364361	CHEST HEART RATE MONITOR	1	
#	437551	ARM HEART RATE MONITOR	1	
#	146119	FLOOR MAT	1	
#	140069	SNAP RING PLIERS	1	
Copyright ©2024 Icon Health & Fitness Logo				
light night				
12/12/24 16:5				

PFEX30124-INT v0 Part List				
PFEX30124-INT v0 - PROFORM PRO TRAINER 500 BIKE				
Key #	Part #	Description	Qty	Date Changed
	.	PROFORM PRO	0	
	.	11/23 CHINA,	0	
	.	COMPANY 11	0	1/15/24
	.	.	0	
	.	MEMOS	0	
	TM11-190	TM11-190 ELE	0	
	.	WIRING ISSUE	0	
	.	.	0	
1	NSP	FRAME	1	
2	442722	FRONT STABIL	1	
3	442718	REAR STABILIZ	1	
4	447417	HANDLEBAR	1	
5	445210	CONSOLE MO	1	
6	452085	CONSOLE	1	
7	451775	SEAT POST	1	
8	451877	SEAT	1	
9	451776	HANDLEBAR P	1	
10	447482	SEAT CARRIAG	1	
11	398525	HAND WEIGH	2	
12	445243	LEFT WEIGHT	1	
13	442426	ADJUSTMENT	2	
14	442793	ADJUSTMENT	2	
15	445281	WATER BOTTL	1	
16	445364	RIGHT PEDAL	1	
17	445365	LEFT PEDAL	1	
18	445214	RIGHT CRANK	1	
19	445215	LEFT CRANK A	1	
20	451715	RESISTANCE C	1	
21	451755	RESISTANCE B	1	
22	398618	RESISTANCE S	1	
23	444191	RESISTANCE M	1	
24	411458	RESISTANCE M	1	
25	407143	BRAKE KNOB	1	
26	439076	PEDAL WRENC	1	
27	.	WHICH PART I	0	
27A	448188	BRAKE SHAFT	1	
27B	448044	BRAKE SHAFT,	1	
28	447489	BRAKE SPRING	1	
29	452097	BRAKE BRACK	1	
30	398701	BRAKE SPACEP	2	
31	.	WHICH PART I	0	
31A	376548	IDLER	1	
31B	367798	IDLER WASHE	1	
31C	014132	IDLER WASHE	1	
32	444830	PULLEY COVER	1	
33	444556	RIGHT HUB CO	1	

34	451770	OUTER BELT C	1
35	444265	INNER BELT C	1
36	444651	IDLER COVER	1
37	444744	CRANK COVER	1
38	444632	MOTOR COVE	1
39	444302	BRAKE COVER	1
40	447443	M8 WASHER	2
41	442727	SEAT POST SLE	1
42	444913	CRANK ARM C	2
43	317094	SNAP RING	2
44	291606	CRANK BEARIN	2
45	451701	PULLEY	1
46	175643	DRIVE BELT	1
47	451769	FLYWHEEL	1
48	356254	M10 WASHER	2
49	.	WHICH PART I	0
49A	342081	ADJUSTMENT	2
49B	012142	ADJUSTMENT	2
49C	444188	ADJUSTMENT	2
50	444053	LEFT FLYWHEEL	1
51	440517	WHEEL	2
52	157600	FOOT	2
53	246285	LEVELING FOC	2
54	442723	CAP	4
55	444854	POST CAP	2
56	444929	SEAT POST CA	1
57	411085	REED SWITCH	1
58	282277	CLAMP	1
59	450109	GROMMET	2
60	437407	RIGHT FLYWH	1
61	133333	CLIP NUT	2
62	113842	MAGNET	2
63	384942	M8 X 20MM F	4
64	333350	M8 LOCKNUT	4
65	444464	LEFT INNER H	1
66	444746	METAL RETEN	1
67	403083	BRAKE NUT	1
68	256446	M8 JAM LOCK	3
69	212055	M8 X 25MM S	4
70	447434	POST SLEEVE	2
71	444858	PLASTIC RETE	2
72	443361	M8 X 42MM B	2
73	444210	M6 X 45MM S	2
74	373150	M4 X 12MM B	24
75	339153	M10 FLANGE	3
76	400230	M5 LOCKNUT	1
77	400224	M5 X 35MM B	1
78	398898	BRAKE BUSHI	1
79	396759	M8 X 16MM S	2
80	195562	M4 X 16MM S	2

81	451510	HANDLEBAR P	1	
82	446362	LOWER WIRE	1	
83	452922	M5 X 8MM SC	4	
84	444462	LEFT HUB COV	1	
85	444463	HUB SHIELD	1	
86	417316	CONSOLE HOU	1	
87	250961	M4 X 19MM S	6	
88	251044	GROUND SCR	1	
89	417397	CONSOLE DEC	1	
90	445370	UPPER WIRE	1	
91	444679	HANDLEBAR P	1	
92	445239	RIGHT WEIGH	1	
93	184369	M4 X 16MM N	1	
94	350331	M4 X 15MM B	3	
95	379071	M4 X 10MM B	2	
.	.	NON-ILLUSTR	0	
#	016057	8" CABLE TIE	1	
#	316650	8" 50LB CABLE	2	
#	132315	RELEASABLE C	1	
#	116566	15.5" CABLE T	1	
#	408570	5MM ALLEN V	1	
#	290306	DECAL,NFW V	1	
#	290295	DECAL,NFW V	1	
#	451854	USER'S MANU	1	
#	451855	USER'S MANU	1	
#	451856	USER'S MANU	1	
#	451857	USER'S MANU	1	
#	451858	USER'S MANU	1	
#	451859	USER'S MANU	1	
#	451860	USER'S MANU	1	
#	1000032	USER'S MANU	1	8/28/24
#	451853	LITPAC, NOTE:	1	
.	.	CONTAINS HA	0	
#	451663	HARDWARE K	1	
.	.	INCLUDED IN	0	
.	.	.	0	
.	.	OPTIONAL AC	0	
#	364361	CHEST HEART	1	
#	437551	ARM HEART R	1	
#	146119	FLOOR MAT	1	
#	140069	SNAP RING PL	1	
Copyright ©2024 Icon Health & Fitness Logo				
light night				
12/12/24 16:5				

