

PK001604
5A044

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*



STRESS

B-Complex

**B₆ supports
the production
of neurotransmitters
needed for mood health†**

75 TABLETS

**C & Zinc help
support the
immune system†**

Dietary Supplement

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 1 tablet daily with water and a meal. Store tightly closed, in a cool, dry place, out of reach of children. Do not use if seal under cap is broken or missing.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin C (as Ascorbic Acid) 500 mg	556%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 13.5 mg	90%
Thiamin (as Thiamine Mononitrate) 10 mg	833%
Riboflavin 10 mg	769%
Niacin (as Niacinamide) 100 mg	625%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 5 mg	294%
Folate 666 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B ₁₂ (as Cyanocobalamin) 12 mcg	500%
Biotin 45 mcg	150%
Pantothenic Acid (as d-Calcium Pantothenate) 20 mg	400%
Zinc (as Zinc Sulfate) 23.9 mg	217%

DISTRIBUTED BY: Nature Made Nutritional Products

West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

Tableted and quality tested in the USA. Made to our guaranteed purity and potency standards.

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

✓ No Color Added
✓ No Artificial Flavors
✓ Gluten Free

CAUTION: If you are taking medication, including anticonvulsants, consult your physician before use.

OTHER INGREDIENTS:

Cellulose Gel,
Croscarmellose Sodium,
Calcium Carbonate,
Modified Food Starch,
Hypromellose,
Less than 2% of
Stearic Acid,
Silicon Dioxide,
Magnesium
Stearate.

Lot:
Exp.: