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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*



Magnesium Complex

with D3 & Zinc

EVERYDAY VALUE

Vitamin D3
& Zinc support
a healthy immune
system†

90 CAPSULES

4-in-1 Magnesium
blend supports
muscle relaxation,
heart, nerve &
bone health†

Dietary Supplement

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

SCAN FOR MORE
INFORMATION



SUGGESTED USE: Adults, take 2 capsules daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

CAUTION: If you have kidney disease or are taking any medication, consult your physician before use.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ Gluten Free

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 45

Amount Per Serving	% Daily Value
Total Carbohydrate	less than 1 g <1%*
Vitamin D3 30 mcg (1200 IU) (as Cholecalciferol)	150%
Magnesium 230 mg (as Magnesium Oxide, Magnesium Citrate, Magnesium Glycinate & Magnesium Malate)	55%
Zinc 10.5 mg (as Zinc Citrate & Zinc Ascorbate)	95%

* Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS:

Rice Flour, Hypromellose, Palm Oil.

DISTRIBUTED BY:

Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878

www.NatureMade.com

Encapsulated and quality tested in the USA. Made to our guaranteed purity and potency standards.

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot:
Exp.: