

PRO-FORM®

PRO TRAINER 500

BIKE
PFEX30124-INT



PRODUCT SPECS

iFit®	iFit® Bluetooth Smart (BLE) Enabled
Smart Adjust	Equipment automatically adjusts your resistance during the workouts
Console	1 Large LCD Window Display
Resistance	Digital Resistance 1 - 16 / SMR™ Silent Magnetic Resistance Resistance adjusts in +/- 1 increments
Incline/Decline	N/A
Inertia	11KG Inertia Enhanced Flywheel
Readouts	Watts/Distance/Time/Calories/Speed/RPH/Resistance
Handlebar	Non-Slip Multi-Position Handlebar Vertical Handlebar Precision Adjustment
Pedals	Pedals with Toe Cages and Straps
Seat	Vertical and Horizontal Seat Adjustment Ergonomic Padded Saddle
Weights	2 - 1,4 KG Dumbbells Included
Fan	N/A
Audio	N/A
USB-C Port	N/A
User Max Weight	114 KG User Capacity