

List No. 3110
PK000619
5A008

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

Nature Made

SUPER

B-Complex with C



**Supports a
healthy brain and
nervous system[†]**

250 TABLETS

**Helps support
the immune
system[†]**

Dietary Supplement

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE:

Adults, take 1 tablet daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin C (as Ascorbic Acid) 150 mg	167%
Thiamin (as Thiamine Mononitrate) 100 mg	8333%
Riboflavin 20 mg	1538%
Niacin (as Niacinamide) 25 mg	156%
Vitamin B6 (as Pyridoxine Hydrochloride) 2 mg	118%
Folate 665 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B12 (as Cyanocobalamin) 15 mcg	625%
Biotin 30 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate) 5.5 mg	110%
Calcium (as Dibasic Calcium Phosphate) 35 mg	3%

DISTRIBUTED BY: Nature Made Nutritional Products

West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

★Based on a survey of pharmacists who recommend branded vitamins and supplements.



**No Color Added
No Artificial Flavors
Gluten Free**

CAUTION:

If you are taking medication, including anticonvulsants, consult your physician before use.

OTHER INGREDIENTS:

Cellulose Gel,
Hypromellose,
Croscarmellose Sodium,
Silicon Dioxide,
Magnesium Stearate,
Polyethylene Glycol.

Lot:
Exp.: