

PK0002023
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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

Nature Made

GUMMIES

Melatonin

MAXIMUM STRENGTH DOSAGE†

10 mg
per 2 gummies



100% Drug Free

**Fast-acting to help you
fall asleep & supports
restful sleep†**

**Dietary Supplement
60 GUMMIES**



SUGGESTED USE: Adults, chew 2 gummies one hour before bedtime. Do not exceed 2 gummies daily.

Keep out of reach of children. Store tightly closed, in a cool, dry place. Contents may settle over time.

Do not use if seal under cap is broken or missing.

WARNING: Consult your physician prior to use if you are pregnant, attempting to become pregnant, nursing, taking any medications, or have any chronic medical conditions. Avoid use of alcohol, sedatives,

- ✓ No Artificial Flavors - Natural Fruit Flavors
- ✓ No Synthetic Dyes - Color Derived from Natural Source
- ✓ No High Fructose Corn Syrup
- ✓ No Artificial Sweeteners
- ✓ Gluten Free

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories 20	
Total Carbohydrate 4 g	1%**
Total Sugars 3 g	*
Includes 3 g Added Sugars	6%**
Sodium 5 mg	<1%
Melatonin 10 mg	*

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

and tranquilizers while taking this product. Do not drive or operate machinery within eight hours of taking this product or if you feel groggy. For intermittent or occasional use only; consult your physician if you continue to experience sleep difficulties. Use as directed for occasional sleeplessness and do not exceed the suggested dose. Not intended for individuals under the age of 18 years. Melatonin should not be a substitute for a good bedtime routine.

OTHER INGREDIENTS: Glucose Syrup, Sugar, Water, Gelatin, Less than 2% of Citric Acid, Pectin, Palm Oil, Natural Flavors, Carnauba Wax, Carmine (Color).

DISTRIBUTED BY: Nature Made Nutritional Products
West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. www.uspverified.org

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot:
Exp.:

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

‡Compared to Nature Made® Melatonin Gummies

