

PK001733
5A044

#1

PHARMACIST RECOMMENDED

VITAMIN &
SUPPLEMENT
BRAND[†]

Nature Made

wellblends[™]
BACK TO
Sleep[™]

1 MG
MELATONIN



¹ L-THEANINE
² GABA
³ MELATONIN

40 FAST DISSOLVE TABLETS | Berry with other natural flavors
DIETARY SUPPLEMENT

Tablet image not actual size
* Ingredients powered by science

[†] These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

• 100% Drug Free • No Artificial Flavors • No Synthetic Dyes - Color Derived from Natural Source • Sugar Free^Δ • Gluten Free • Non Habit Forming

SUGGESTED USE: Adults, take 1 fast dissolve tablet 30 minutes before bedtime to help fall asleep or upon waking up in the middle of the night. Dissolve in mouth or chew before swallowing. No water necessary. Take at least 4 hours before waking.[†] Store tightly closed, in a cool, dry place, out of reach of children. Do not use if seal under cap is broken or missing.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
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Calories 5	
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Total Carbohydrate 1 g	<1%**
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Total Sugars 0 g	*
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Includes 0 g Added Sugars	0%**
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Sugar Alcohol 0.5 g	*
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Melatonin 1 mg	*
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L-theanine 100 mg	*
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GABA (Gamma-Aminobutyric Acid) 100 mg	*
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* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

WARNING: Do not use this product, unless advised by a physician, if you are pregnant, attempting to become pregnant, nursing, taking any medications, or have any chronic medical conditions. Do not drive or operate machinery within four hours of taking this product or if you feel groggy. For occasional sleeplessness only; consult your physician if you continue to experience sleep difficulties or for use beyond three months. Not intended for individuals under the age of 18 years.

OTHER INGREDIENTS: Mannitol, Cellulose Gel, Corn Starch, Maltodextrin*, Less than 2% of Stearic Acid, Croscopidone, Magnesium Stearate, Natural Flavors, Monk Fruit Extract, Silicon Dioxide, Color Added.

Δ Adds a trivial amount of sugar.

DISTRIBUTED BY:
Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878 • www.NatureMade.com

Tableted and quality tested in the USA. Made to our guaranteed purity and potency standards.

Δ Not a low calorie food.

★ Based on a survey of pharmacists who recommend branded vitamins and supplements.

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Lot :
Exp.: