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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

Nature Made

NEW

GUMMIES

TIME RELEASE

Melatonin
3 mg

100% Drug Free
Helps you fall asleep faster
& stay asleep longer†
—
Improves sleep quality†

Dietary Supplement
60 GUMMIES



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

◆ Time release melatonin improves sleep quality†

SUGGESTED USE: Adults, chew 1 gummy one hour before bedtime.

Keep out of reach of children. Store tightly closed, in a cool, dry place.

Contents may settle over time.

Do not use if seal under cap is broken or missing.

WARNING: Consult your physician prior to use if you are pregnant, attempting to become pregnant, nursing, taking any medications, or have any chronic medical conditions. Avoid use of alcohol, sedatives, and tranquilizers while taking this product. Do not drive or operate machinery within eight hours of taking this

product or if you feel groggy. For intermittent or occasional use only; consult your physician if you continue to experience sleep difficulties. Use as directed for occasional sleeplessness and do not exceed the suggested dose. Not intended for individuals under the age of 18 years. Melatonin should not be a substitute for a good bedtime routine.

OTHER INGREDIENTS: Sugar, Glucose Syrup, Water, Gelatin, Pectin, Less than 2% of Colors Added (Including Carmine), Carnauba Wax, Coconut Oil, Citric Acid, Natural Flavors, Sodium Citrate.

DISTRIBUTED BY:

Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878 • www.NatureMade.com

- ✓ No Artificial Flavors - Natural Fruit Flavors
- ✓ No Synthetic Dyes - Color Derived from Natural Source
- ✓ No High Fructose Corn Syrup
- ✓ No Artificial Sweeteners
- ✓ Gluten Free

Supplement Facts

Serving Size 1 Gummy

Amount Per Gummy	% Daily Value
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Calories 10

Total Carbohydrate 2 g	1%**
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Total Sugars 2 g	*
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Includes 2 g Added Sugars	4%**
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Sodium 15 mg	1%
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Melatonin 3 mg	*
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* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

Quality tested in the USA. Made to our guaranteed purity and potency standards.

★ Based on a survey of pharmacists who recommend branded vitamins and supplements.