

Designed for Every Body: PersonalFit™ PLUS Breast Shields

COMING SOON!
13 mm & 15 mm



Patented oval shape and wider 105° opening offer an **improved fit**,^{1,2*} **increased comfort**,^{2,3*} and **more milk**^{2*}

1. Schlenger A et al. Breastfeed Med. 2016; 11(2):A28-A29.

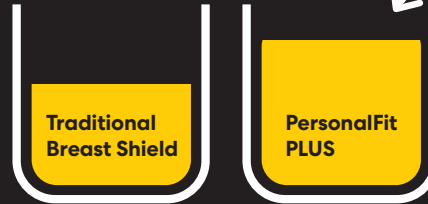
2. Sakalidis VS et al. Acta Obstet Gynecol Scand. 2020; 99(11):1561-1567.

3. Clinical study comparing 105° Vs 90° shield opening angle, data on file (NCT02492139).

4. Medela Nipple Database. 2025.

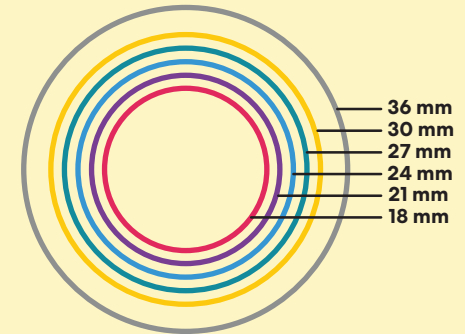
*Compared to traditional breast shields with a 90° angle.

11% More Milk
and 4% more PAMR
(Percentage of Available Milk Removed)



after 15 minutes^{2*}

Wide Range of Sizes
Available in 6 sizes, 18-36 mm —
to meet the needs of
most parents⁴



Breast Shield Sizing

Room to Move™

Medela's Room to Move™ approach provides a safe, evidence-based starting point for breast shield sizing by accounting for natural nipple expansion during pumping. Rather than relying on measurement alone, it incorporates comfort, nipple movement, and milk flow to support individualized fit selection.



**Scan for a 15-minute
microlearning on
Medela University**

