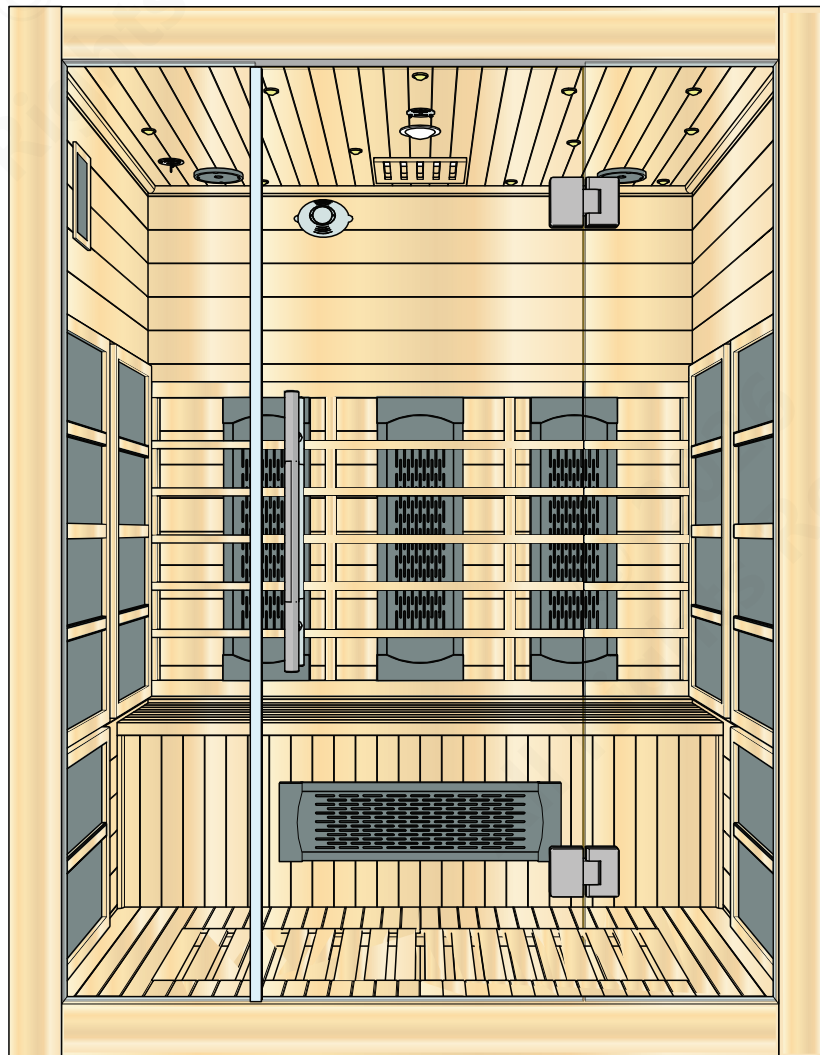


EVERYDAY WELLNESS

INFRARED SAUNA INSTALLATION INSTRUCTIONS

IMPORTANT!

The manufacturer reserves the right to alter, modify, or redesign products at any time without prior notice for the purpose of product improvement and customer experience. Please refer to the manufacturer's website for the latest technical drawings, installation manuals, warranty information, or additional product details.



PLEASE REVIEW THIS ENTIRE MANUAL PRIOR TO INSTALLATION

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Purchase Order
Number _____

Store/Vendor
Purchased From _____

Installation Date _____

OD Number
(optional) _____

Installed By _____

SKU Number _____

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This product should be installed by someone familiar with the construction requirements for this type of product and the care necessary for the safe installation and operation of the product.

WARNING DISCLOSURE STATEMENT

IMPORTANT

- The manufacturer reserves the right to alter, modify, or redesign products any time without prior notice for product improvement and customer experience.
- This product should be installed by someone familiar with the construction requirements for this type of project and the care necessary for the safe installation and operation of the product.
- The safety of any installation is the responsibility of the installer.
- Professional installation recommended. (*All Models*)
- Professional installation required. (*Some Models - See "Model Specific Preparation" page*)
- To prevent damage or serious injury, **Do Not** lean against the installed panel/door/glass.
- To prevent damage or serious injury, **Do Not** attempt to lift or move a heavy lite of glass alone. Use an assistant and/or a professional-grade glass suction cup.
- The installation of some models may require drilling down into the threshold. Contact the manufacturer of the base, tub, or threshold material with any questions regarding the drilling of holes into their product.
- All drawings in this installation manual are for illustrative purposes only and are not drawn to scale.

TEMPERED GLASS WARNING

- **Your Shower Door Glass Could Shatter Without Warning if Improperly Installed or Mishandled.**
- **Do Not** install or operate a shower door if the glass has chipped corners, slivered edges, or is otherwise damaged and/or has been dropped or banged into a hard surface such as tile, marble, or glass.
- **The main causes of tempered glass breakage are:**
 - Improper handling, storage, or installation
 - Misuse/abuse
 - Lack of maintenance
 - Failure to replace damaged glass
- **Improper handling during storage, unpacking, and installation:**
 - Corners and edges are the most susceptible area to damage on a lite of tempered glass and should be protected and handled with care during storage, unpacking, installation, and operation. A concentrated point of pressure or impact with a surface harder than itself may cause the tempered glass to shatter. The tempered glass may release immediately, within several hours, or even days later.
- **Incorrect installation of door hardware, rollers, hinges, channels, stoppers, or glass:**
 - Improper installation may include: loose hardware and/or lack of proper gaskets between the hardware and glass. Additionally, improper alignment of guide rails, wall profiles, or other hardware during installation or operation may place stress on the glass edges and cause it to break.
 - This product must be installed by a professional and experienced installer familiar with the safe handling of tempered glass.
- **Improper use of this product:**
 - Aggressively opening or closing the door may cause trauma to the glass, which can lead to breakage. This may occur immediately or hours or even days later.
- **The shower door hardware and glass should be inspected periodically:**
 - Instruct the homeowner how to perform a periodic inspection of the shower hardware and glass - some minor adjustments may be necessary based upon the use (or misuse) of the shower door. Ensure that the hardware remains tight and that the door alignment and operation are correct. Any adjustments should be made upon discovery to prevent damage to the product.
 - Additional considerations should be given to the installation of frameless tempered glass products in households with young children or an elderly person due to an increased chance of improper handling. In such cases, alternatives such as shower curtains or grab bars should be considered.

GENERAL PREPARATION

- After opening all boxes and packages, read this introduction carefully. Check that all the items are included in the package by marking off the components on the "**Detailed Diagram of Product Components**" page. Examine all boxes and packages for shipping damage. If the unit has been damaged, has a finishing defect, or is missing parts, please contact our Customer Support department within 3 business days of the delivery date. **Please note that the manufacturer will not replace any damaged products or missing parts free of charge after 3 business days or if the product has been installed.** Please contact the manufacturer if you have any questions.
- **Please note that you should refer to your local building codes with questions on installation compliance standards. Building and plumbing codes may vary by location, and the manufacturer is not responsible for code compliance standards for your project and will not accept any returns on that basis.**
- If this unit is going to be installed in a new construction, install all the required plumbing and drainage before installing the shower. **Use a competent and licensed (if required by local code) plumber for all plumbing installation.**
- Make sure that prior to beginning the installation, the surfaces are leveled and solid and will be able to support the total weight of the unit. Also make sure the walls are at right angles. Irregular installation surface level, radius corners, or improper angle of side walls will result in serious problems for your installation. Please note that some adjustments and drilling will be necessary during the installation process.
- Protect all primary surfaces of the product during installation. Never set your glass down directly onto a tile floor. Leave corner protectors in place until it is necessary to remove them. Always use a piece of wood or cardboard to protect the bottom edge and corners of the glass prior to and during installation.
- This unit must be installed upon a finished threshold and against finished walls.
- **Shower doors are not designed to be installed into a fiberglass surround due to the radius corners and lack of a solid surface to mount the hardware.**

WARNING: TO AVOID THE RISK OF DAMAGE OR INJURY:

- **Follow all recommendations and requirements as shown in the installation instructions.**
- Perform a thorough inspection of the glass and all parts for any damage prior to installation. Any damage to tempered glass can cause breakage. **Do Not install damaged glass!**
- **Do Not** install or operate a shower or tub door if the glass has chipped corners, slivered edges, or is otherwise damaged. **Do Not** install or operate a shower or tub door that has been dropped or banged into a hard surface such as tile, marble, or glass.
- **CAUTION:** Contact with any hard surface can damage tempered glass and cause it to shatter.
- This product uses tempered glass. Glass cannot be cut after it has been tempered. **Do Not attempt to cut tempered glass!**
- Glass Shower Doors, Tub Doors, Inline Panels, and Return Panels can shatter due to improper handling or lack of maintenance. Conduct periodic inspections of glass and all parts for possible damage, missing or loose parts.
- Always wear proper safety equipment such as safety goggles, work gloves, and appropriate footwear during the installation process.
- **WARNING:** Risk of leakage and/or damage. Follow all instructions regarding the application of silicone sealant or caulk. Allow 24 hours for the sealant to cure before the initial use of the shower or tub product. Follow the silicone manufacturer's recommendations regarding the use of their product.
- **Thoroughly read these instructions before installing or using this product.**
- **Leave this manual for the end-user of the product.**



This product should be installed by someone familiar with the construction requirements for this type of project and the care necessary for the safe installation and operation of the product.

Model Specific Preparation



REQUIRED:

Electrical Requirements

Each sauna will require a dedicated circuit when plugged in an outlet according to the chart below. A dedicated circuit requires that no other appliance should share the outlet/circuit with the sauna. Failure to comply with this requirement may cause electrical interruption and diminished performance. It is recommended that a qualified electrician install your dedicated electrical wiring for proper sauna functionality and to avoid any potential electrical hazards. Please make sure the sauna is properly grounded. Serious injury may result if proper electrical requirements are not met.

Please follow all instructions carefully. Keep the sauna away from any potential hazards including any water source or liquids. Select a dry suitable location for the sauna installation. Do not expose the heater elements to any water source or liquids as it may cause electrical shock. Should you have any questions, please do not hesitate to contact the manufacturer.

Power Plugs

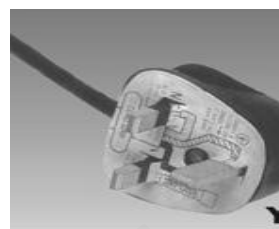
European Plug



American Plug



British Plug



Please read the following installation instructions carefully. The sauna installation requires a minimum of two (2) people. To avoid the risk of easily damaging the unit, you should not try to install the sauna on your own.



CAUTION:

1. No plumbing fixtures should be placed in the sauna.
2. Keep all liquids away from the heating panels.
3. Install the sauna on a completely level surface.
4. Install the sauna in an area that is dry and protected from the weather.
5. Flammable objects and corrosive chemical substances should be kept far away from the sauna

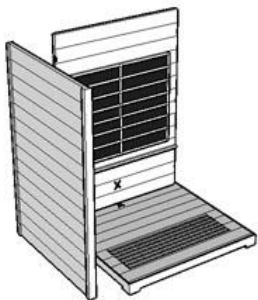


The Sauna offers two types of panel locking systems to connect the different sides of the sauna. Please use the instructions below as a reference guide on how to connect the sauna panels.

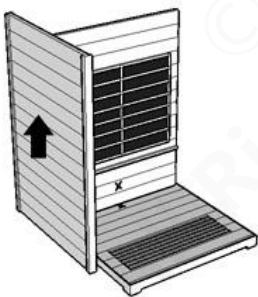
Connecting the Panels - Inner Locking System

NOTE

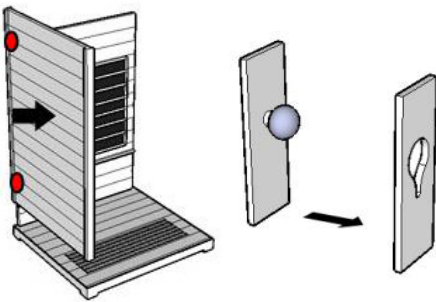
The inner locking system is designed to be completely invisible when the sauna is installed. The locks are built on the side of each panel and they connect by sliding one over the other.



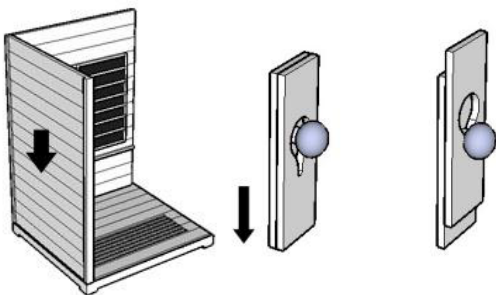
1. Align the side panel with the male locks with the back panel. NOTE: Back panel will have female locks.



2. Lift the side panel with the male locks up into position so that the male locks align with the female locks on the back panel.



3. Push the side panel against the back panel making sure the locking system connects. This will require you to apply pressure to the top and bottom of the panel



4. After making sure the locks are connected and seated properly, slide the bottom

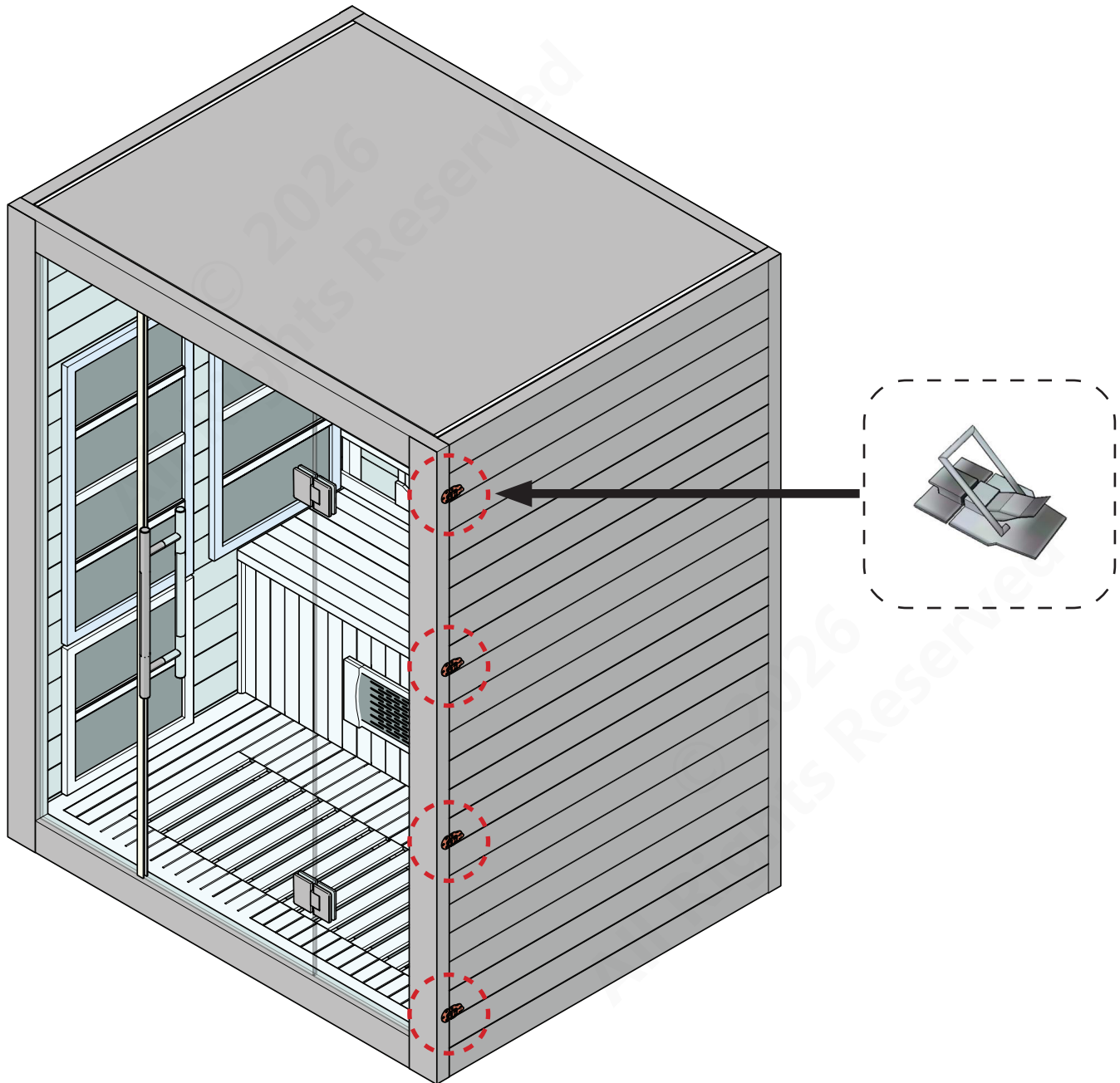
NOTE

Make sure all the locks are connected at the top and bottom, then inspect the panels to make sure they are level and even with each other at the top.

Connecting the Panels - Latch System



The latch locking system is two brackets that lock together by passing the main loop over the opposite side and locking the latch



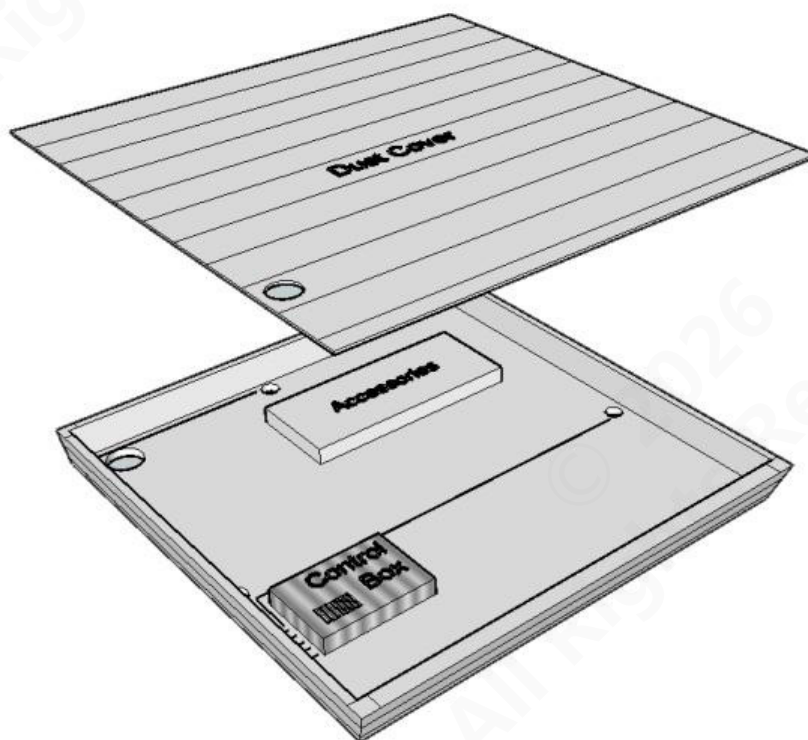
Installation - General Guide

Where to Start:

The instructions in this installation guide apply to the following models:

- 1-Person, 2-Person, and 3-Person saunas (indoor and outdoor models).
- 4-Person Family saunas

Lay the boxes flat on the ground and open them carefully. The accessories, user manual, and smaller parts are located inside the roof panel under the dust cover.



1

Setting the Floor Panel In Place

Place the floor panel close to the location where you want the unit to be installed making sure to leave enough space around the left and right sides for one person to stand and install the side panels. You will be able to slide the sauna into its final position once it is completely assembled. **(Fig 1)**

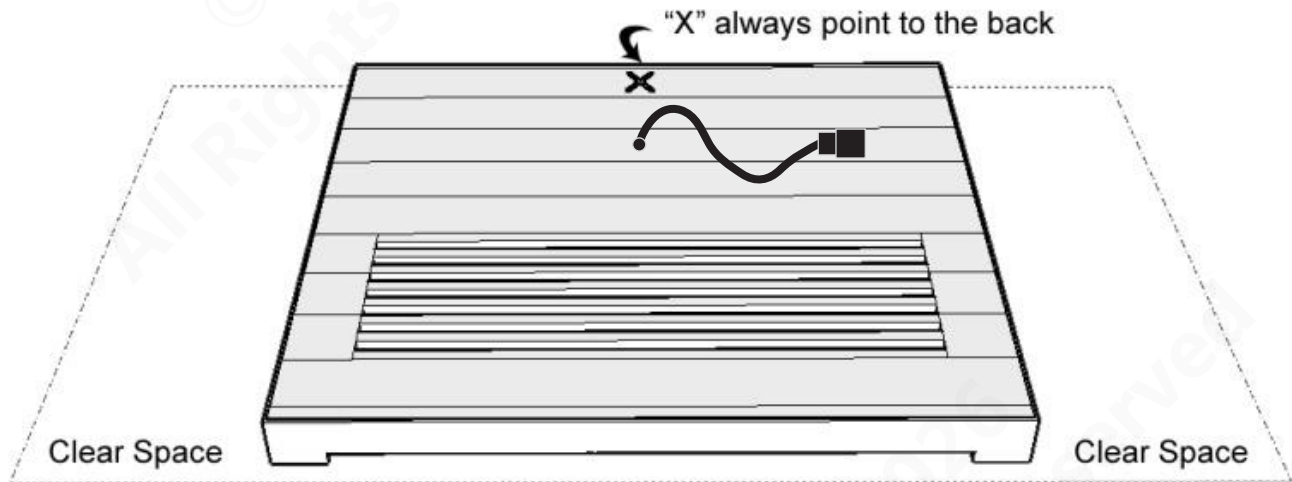


Fig 1



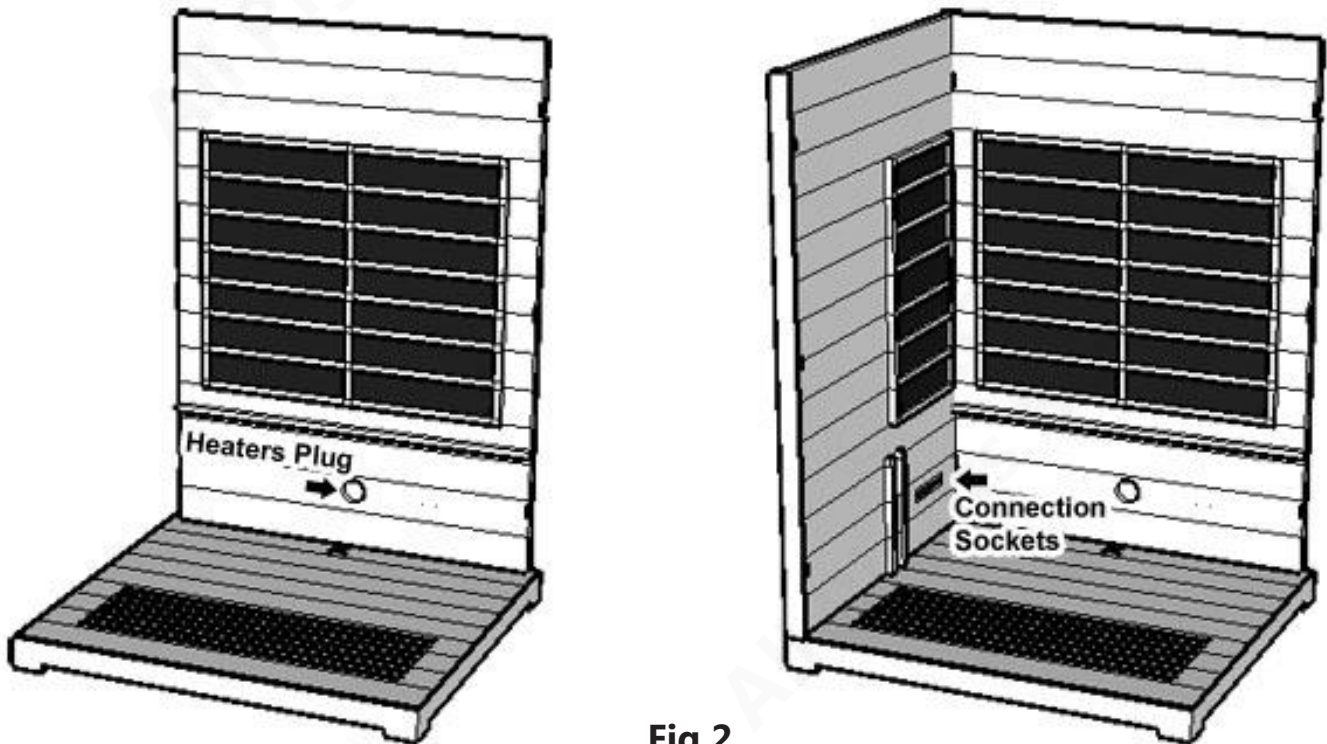
The floor panel heating panel will be at the front and there will be a plug connector cord at the back.

2**Installing the Rear and Left Panels**

One person will place the Rear Panel on the back end of the Floor Panel and hold it in place while the other person installs the left panel. Make sure the tops of the Left and Rear panel are even and level with each other before locking them into place. **(Fig 2)**



Refer to pages **4 & 5** to determine which type of locking system your unit has.

**Fig 2**

3.1

Installing the Bench (Small Units)

Slide the bench stand panel between the two vertical guides on the left side panel and connect the heater plug(s) to the appropriate sockets (the matching plugs and sockets will be labeled accordingly)

Once the bench stand is installed and the heater plug(s) connected, install the bench top by placing it on top of the bench stand and the horizontal guide on the rear panel. Make sure the smooth finished side is facing up and forward. **(Fig 3.1)**

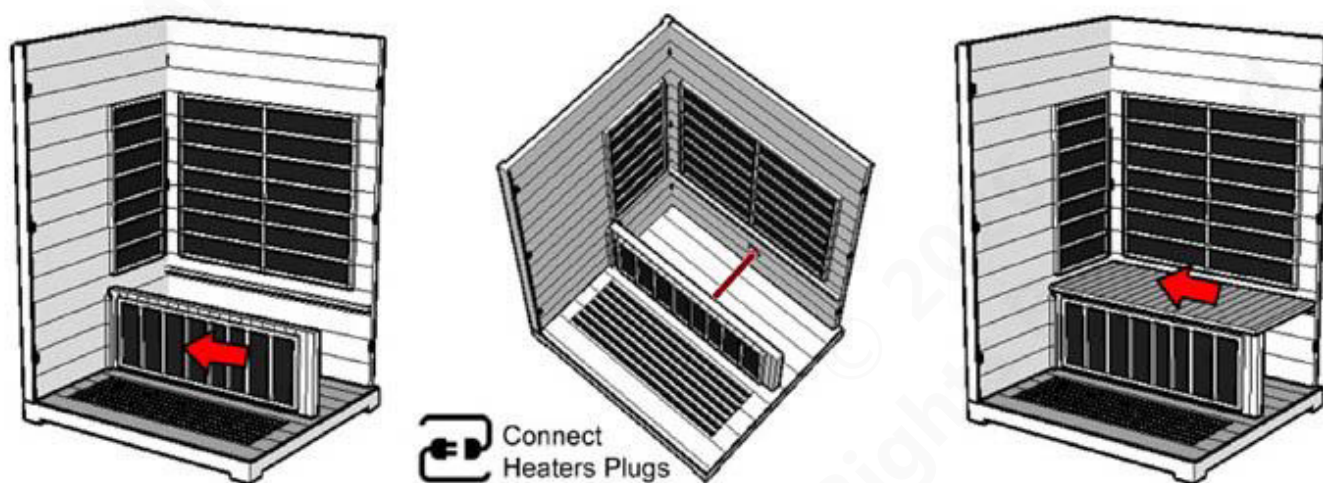


Fig 3.1

3.2

Installing the Bench (Large Units)



Some larger sauna units will include square bench supports. Place them in the front window. **(Fig 3.2)**

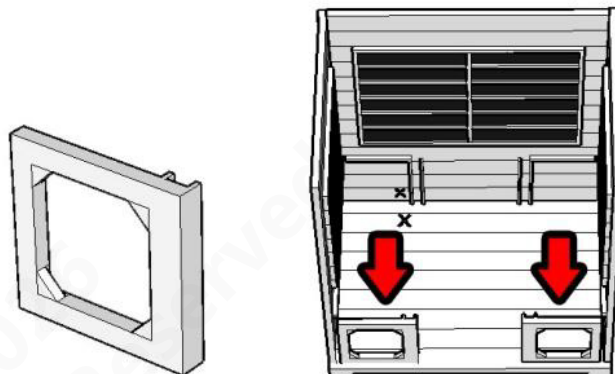
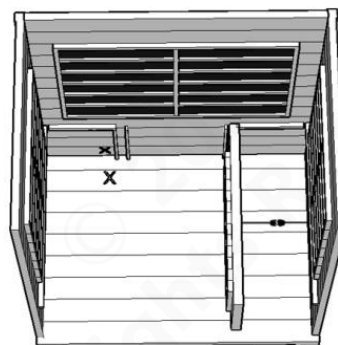
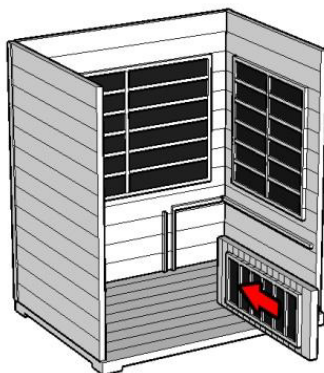


Fig 3.2

3.3

The benches that install along the side walls of the sauna (for larger sauna units) will install the same way as the bench for the small unit. Install the bench stand into the vertical guides first, connect the heater plug(s), then install the bench top. **(Fig 3.3)**



Connect the heaters' plugs under the bench.

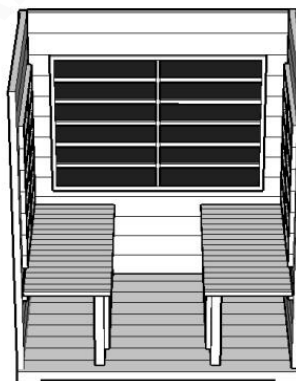
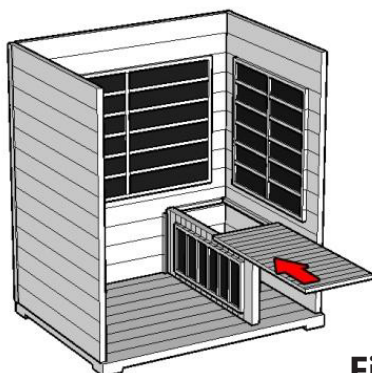


Fig 3.3

4

Installing the Right Panel

Install the right panel as shown in **Fig 4** making sure that the tops of all panels are even and level.



For ease of installation, have someone stand inside the sauna as you install the Right panel so they can align the bench stand with the vertical guide on the Right panel.

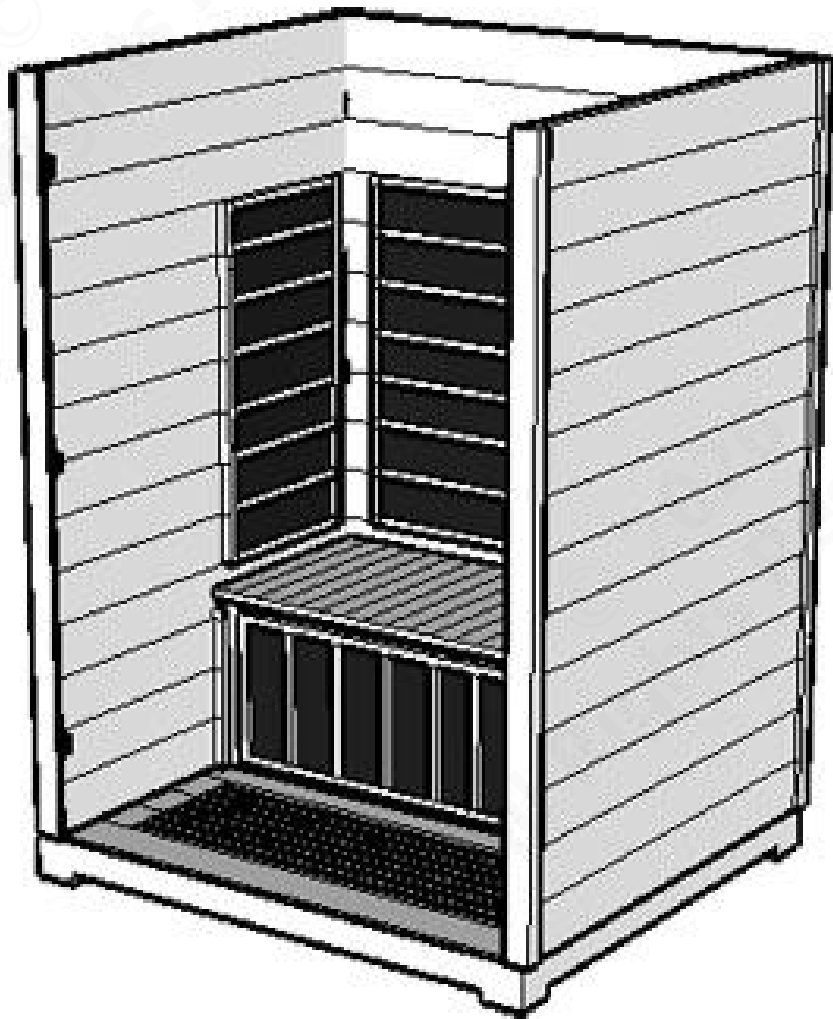


Fig 4

5

Installing the Front Panel with Door



Before installing the Front panel with the Door, install the handle on the Door.

Connect the Front panel with the Door to both side panels as shown in **Fig 5** (*Refer to the "Connecting the Panels" section on **pages 4 & 5**).



- Be sure to align the corners of the two Side panels and the edges of the Front panel.
- The Front panel with the Door is much heavier than the other panels, so two people will be needed to lift it into place.
- For the Inner Locking System, one person can stand inside the sauna to align the edges and corners of the panel.
- For the Inner Locking System, make sure to put pressure on the top and bottom corners of each side to ensure the locks are connecting.

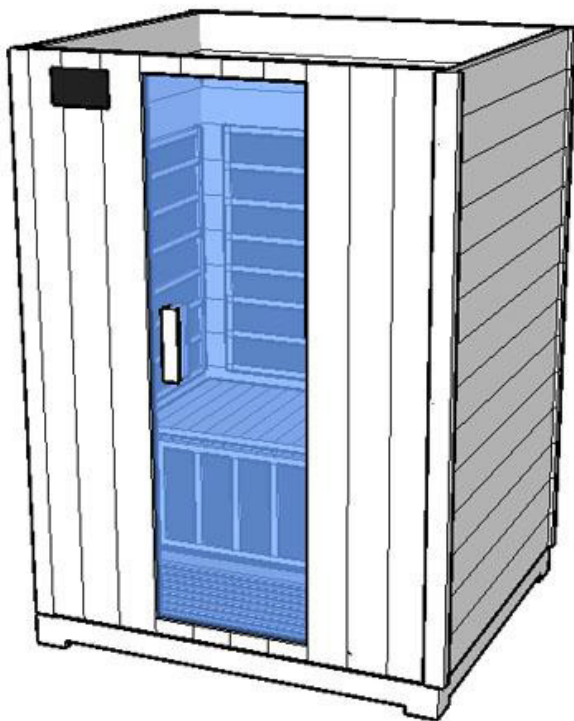
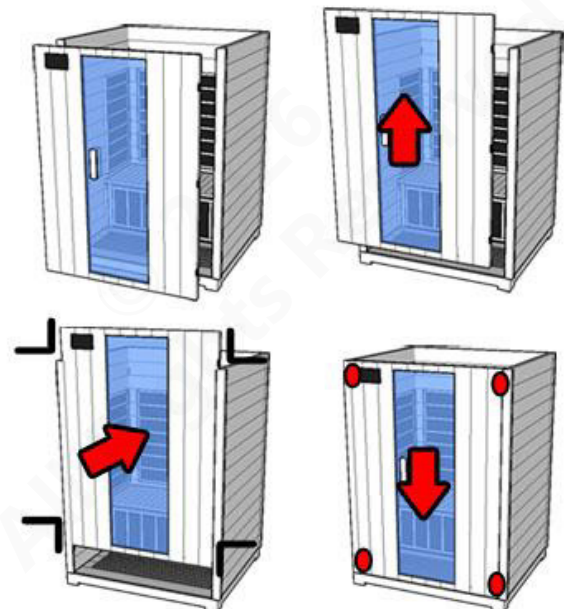


Fig 5



Match the corners & edges.

Connect the locks on all corners.

Inner Lock Connection

6

Installing the Top Panel

Raise the Top panel over the parts of the sauna that you have already assembled making sure to insert the wires for the control panel, temperature sensor, and heaters through the openings in the ceiling.

Once the wires are threaded through the holes in the Top panel's ceiling, connect the control panel wire (white ribbon) and the heat sensor (2-pin wire) to their corresponding wires on the main power unit on top of the sauna.

Then, connect the heater plugs to the control box. **NOTE:** the heater plugs may be labeled, but they are proprietary connectors and they will be unable to connect into any other sockets on the control box.

Lastly, place the dust cover over the sauna roof and pass the main power plug through the opening.

IMPORTANT! Make sure to match the holes for the vent on the dust cover with the vent holes in the sauna.

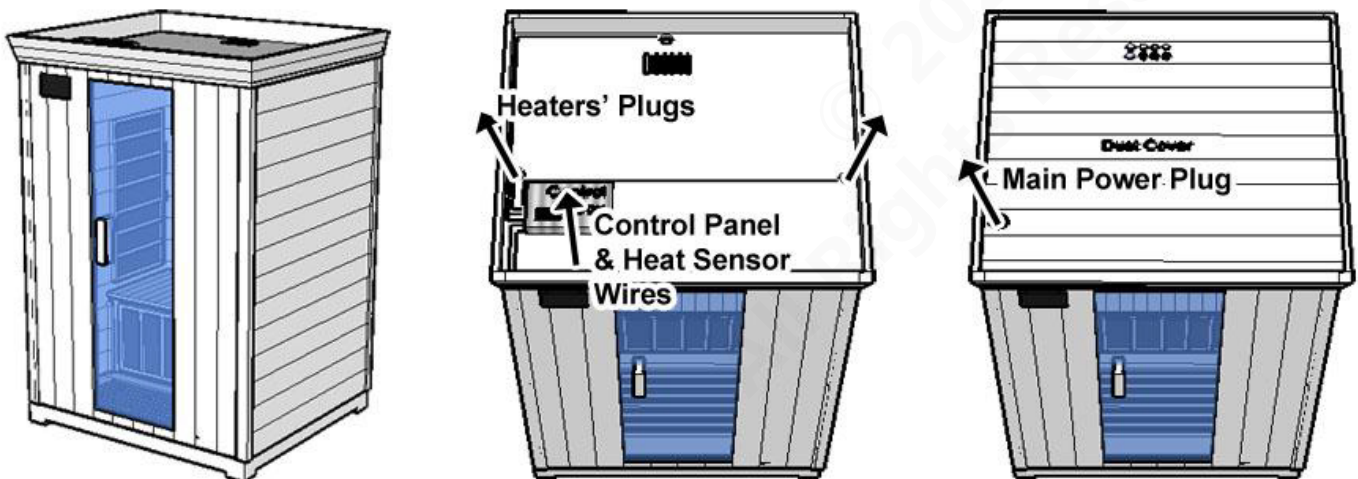


Fig 6

Accessories

Oxygen Ionizer



Locate the Oxygen Ionizer's plug that is extended out of the sauna ceiling (1-pin plug). Connect the Oxygen Ionizer to the plug, then fasten it to the sauna wall using one of the small provided screws.



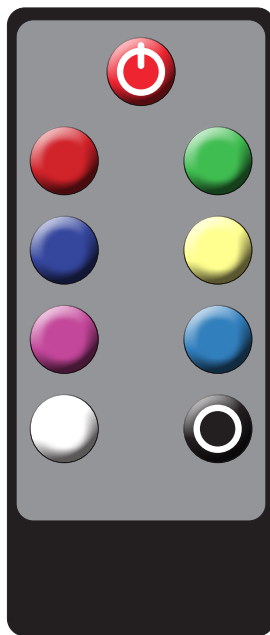
The Oxygen Ionizer is used to refresh the air inside the sauna by killing odor-causing bacteria.



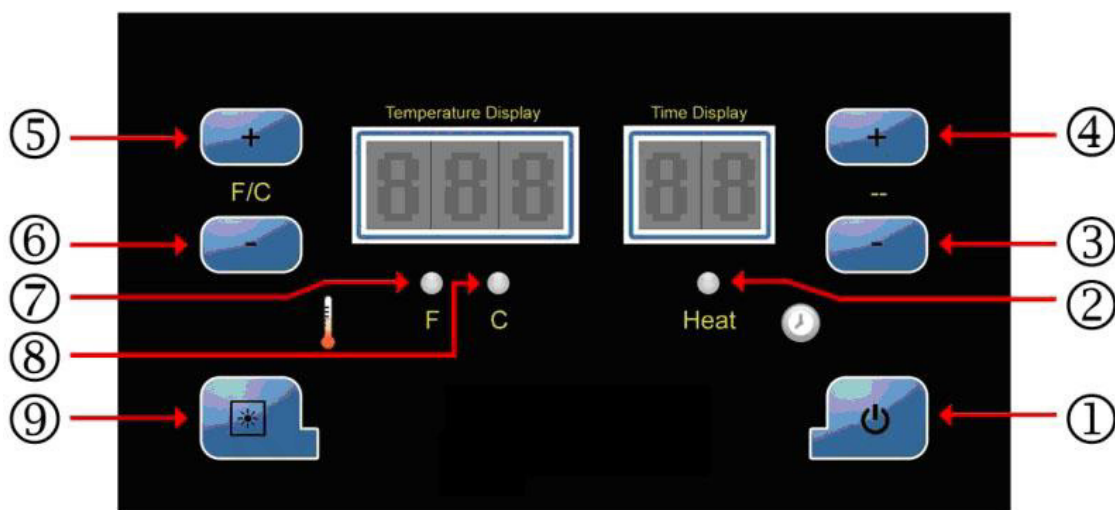
- **Before and while using the sauna**, select the **"ION"** option to remove airborne particles from the air.
- **After using the sauna**, select the **"O3"** option to kill odor-causing bacteria while the sauna is not in use.

Color Therapy Lights

Some models will include color therapy lights (or chroma lights). The color lights are operated by the remote control only. Press any color on the remote control to turn the lights on and select a color. Press the "Cycle" button in the lower right corner to cycle through all of the colors randomly. Press the "Power" button to turn the lights off.



Control Panel Operation



| No. | Function | No. | Function |
|-----|-------------------------------------|-----|-----------------------------------|
| 1 | Power Button (On/Off) | 6 | Temperature Control (Reduce Temp) |
| 2 | Heat Light | 7 | Fahrenheit Light |
| 3 | Timer Control (Reduce Time) | 8 | Celcius Light |
| 4 | Timer Control (Increase Time) | 9 | Lights Button |
| 5 | Temperature Control (Increase Temp) | | |

NOTE

- The Heat Light will be on when the heaters are working. When the sauna reaches its desired temperature, the heaters and the Heat Light will turn off.
- If you would like to keep the sauna working continuously without any time limit, press and hold both the (+) and (-) buttons. The display should show two dashes (- -). To start the timer again, just press one of the Timer Control buttons.
- To switch between Fahrenheit and Celsius, press and hold both Temperature Control buttons.

Usage Guide & Precautions

Usage Guide

- Allow your sauna to warm up for 15-20 minutes or until it reaches 110°F (43°C). You may close the vent on the ceiling to speed up the preheating process.
- To avoid dehydration, drink plenty of water before and after the sauna session.
- It is **not recommended** to exceed 40 minutes per sauna session.
- If the sauna becomes stuffy, open the vent on the ceiling to allow fresh air into the sauna.

Precautions

- If the temperature becomes too hot or unbearable, decrease the temperature and/or shut off the sauna immediately.
- **Do Not** use if pregnant or if you have serious inflammation, a fever, illness, or acute bleeding.
- **Do Not** use if intoxicated.
- **Do Not** consume alcohol and/or recreational drugs when using the sauna.
- **Do Not** splash water on the heaters or any of the electrical components inside the sauna.
- **Do Not** bring wet towels into your sauna or any other substances that could harm the interior of your sauna.
- **Do Not** install a lock on your sauna.

Care and Maintenance

Cleaning and Maintenance

- Use a clean, damp towel to wipe off the bench, floor, and around the back panel. Do Not use a towel that is too wet that drips water inside the sauna and Do Not use cleaning agents inside the sauna.
- Make sure to keep the sauna clean and dry
- Do Not leave towels, water glasses, or any other water/drink bottles inside the sauna after use.
- Wipe the exterior surface of the sauna with a towel and clean the glass at least once per month.

Wood Care

- Repair any small surface scratches in the wood with a small amount of furniture polish, oil, or other wood furniture treatment.
- Interior blemishes (scratches or scuffs) can be left alone or lightly sanded.
- Avoid any treatment of the wood that involves benzene or high concentrations of alcohol.

Safety Notice

WARNING!

The sauna manufacturer does not provide medical advice, education, or treatment. All information contained in this manual is for general informational purposes, and it does not address individual circumstances or medical conditions. Sauna usage is not intended for everyone, and you should always consult with your doctor first before using this sauna if you have any concerns about your personal health.

WARNING! EXIT THE SAUNA IMMEDIATELY IF UNCOMFORTABLE, DIZZY, OR SLEEPY. STAYING TOO LONG IN A HEATED AREA IS CAPABLE OF CAUSING OVERHEATING.

HYPERTHERMIA occurs when the internal temperature of the body reaches a level several degrees above the normal body temperature of 98.6° F. The symptoms of hyperthermia include an increase in the internal temperature of the body, dizziness, lethargy, drowsiness, and fainting. The effects of hyperthermia include:

- Failure to perceive heat;
- Failure to recognize the need to exit the sauna;
- Unawareness of impending risk;
- Fetal damage in pregnant women;
- Physical inability to exit the sauna; and
- Unconsciousness

WARNING! The use of alcohol, drugs, and/or certain medications can greatly increase the risk of hyperthermia.

Sauna usage is not recommended for children or elderly persons.

Prolonged use of the sauna can excessively raise the internal human body temperature and impair the body's ability to regulate its internal temperature (hyperthermia). Limit use of the sauna to 10-15 minutes until you are certain of your body's reaction.

Excessive temperatures have high potential for causing fetal damage during the early months of pregnancy. Pregnant or possibly pregnant women should consult a physician regarding sauna usage.

Obese persons and persons with a history of heart disease, low or high blood pressure, circulatory system problems, or diabetes should consult a physician before using a sauna.

Persons with chronic conditions and/or conditions that are associated with impaired sweating should avoid using the sauna.

Persons with bleeding disorders such as hemophilia should avoid using the sauna.

Persons using medication should consult a physician before using the sauna since some medications may induce drowsiness while others may affect heart rate, blood pressure, and/or circulation.

Individuals with metal pins, rods, artificial joints, silicone implants, or any other type of surgical implants should check with their surgeon before using the sauna.

Troubleshooting

Sauna does not power on

- Make sure the power chord is securely connected to the power socket and control box on top of the sauna
- Make sure the breaker did not turn off
- Make sure the control panel white ribbon wire is securely connected
- Make sure the power socket is working by trying a different device on the same socket

Light is not working

- Replace the light bulb

Color therapy light does not work

- Make sure the battery is inserted correctly in the remote control
- Make sure to point the remote directly at the remote receiver (the small rounded tip next to the color lights)
- Try a new battery in the remote

All heaters are not working

- Make sure all the heater plugs are securely connected to the heaters and to the control box on top of the sauna
- Make sure the sauna is connected to the recommended power supply
- Make sure the heat sensor is connected securely

One or more of the heaters are not working

- Make sure all the heater plugs are securely connected to the heaters and to the control box on top of the sauna
- Make sure the heater plugs under the bench are securely connected
NOTE: *By design, floor heater and under bench heater are not as hot as the other heaters*
- Make sure the plug behind the heater is connected - it will be necessary to unscrew the heater to check for this