

# Homedics

**handheld Shiatsu  
massager**



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**3 YEAR GUARANTEE**

HHP-355-15-GB

## PRODUCT FEATURES:

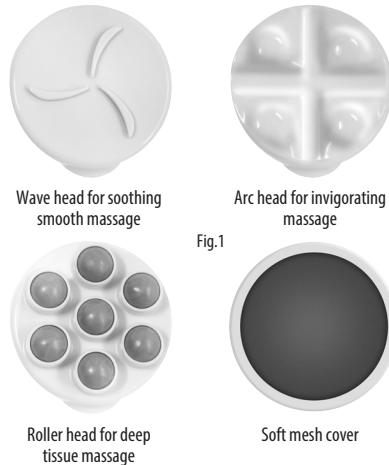
Handheld Shiatsu Massager provides vibrating speeds to meet different massage needs and penetrates deep into your muscle layers to relieve aching and stiff muscles, helping you feel relaxed, recharged and feeling better.

### ERGONOMIC AND LIGHTWEIGHT DESIGN



CONTROL PANEL WITH SPEED ADJUSTMENT AND AUTO MODE BUTTONS

### Interchangeable heads for all massage needs



Wave head for soothing smooth massage

Arc head for invigorating massage

Roller head for deep tissue massage

Soft mesh cover

Fig.1

### Tips for Use

Massage in a firm circular motion, concentrating on targeted problem areas of the body.

**This unit should never be used without the Soft Mesh Cover in place** (Attachment 4).



Fig.2



Fig.3



Fig.4

## INSTRUCTIONS FOR USE:

### Massage Function

1. Plug the appliance into a 220-240V mains outlet and push the power button and you will hear a beep.
2. Your massager comes equipped with 4 attachments (Figure 1). Attach the different heads by twisting off the soft mesh cover (Figure 2) and clipping the heads on and off (Figure 3).
- Always replace the Soft Mesh Cover before use.**
3. To activate the massager, push the power button and you will hear a beep. Adjust the massage intensity using the arrow buttons on the control panel, up for more intensity, down for less intensity (Figure 4).
4. Press auto mode button for a variable intensity pulsing massage.
5. Apply the massager head lightly to the area you wish to treat. Move the unit slowly, holding it over the targeted area. Treat the area for a short period of time and move to another area. NEVER treat the same area for longer than 3 minutes.
6. To turn the unit off, push the power button and you hear the beep. For your safety the device will automatically turn off after 15 minutes of continuous use.

## MAINTENANCE:

### Cleaning

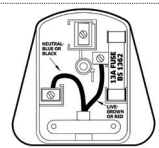
- Unplug the appliance and allow to cool before cleaning. Clean only with a soft, slightly damp sponge.
- Never allow water or any other liquids to come into contact with the appliance.
  - Do not immerse in any liquid to clean.
  - Never use abrasive cleaners, brushes, glass / furniture polish, paint thinner etc to clean.

### Storage

Place the appliance in its box or in a safe, dry, cool place. DO NOT wrap the power cord around the appliance. DO NOT hang the unit by the cord.

### Plug (MODEL HHP-355-15-GB)

If the plug on this appliance is damaged, it can be replaced with a BS 1363 plug, fitted with a 13A BS 1362 fuse. The recommended fuse for this appliance is 13 amp. Care must be taken when changing the plug. If in doubt, contact a qualified electrician.



## READ ALL INSTRUCTIONS BEFORE USE. SAVE THESE INSTRUCTIONS FOR FUTURE REFERENCE.

- This appliance can be used by children aged from 16 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
- Do not place or store appliance where it can fall or be pulled into a bath or sink. Do not place in or drop into water or other liquid.
- DO NOT reach for an appliance that has fallen in water or other liquids. Keep dry – DO NOT operate in wet or moist conditions.
- NEVER insert pins, metallic fasteners or objects into the appliance or any opening.
- Use this appliance for the intended use as described in this booklet. DO NOT use attachments not recommended by HoMedics.
- NEVER operate the appliance if it is not working properly, if it has been dropped or damaged, or dropped into water. Return it to the HoMedics Service Centre for examination and repair.
- DO NOT attempt to repair the appliance. There are no user serviceable parts. All servicing of this appliance must be performed at an authorised HoMedics Service Centre.
- Please ensure that all hair, clothing and jewellery are kept clear of moving parts of the product at all times.
- If you have any concerns regarding your health, consult a doctor before using this appliance.
- Use of this product should be pleasant and comfortable. Should pain or discomfort result, discontinue use and consult your GP.
- Pregnant women, diabetics and individuals with pacemakers should consult a doctor before using this appliance. Not recommended for use by individuals with sensory deficiencies including diabetic neuropathy.
- DO NOT use on an infant, invalid or on a sleeping or unconscious person. DO NOT use on insensitive skin or on a person with poor blood circulation.
- This appliance should NEVER be used by any individual suffering from any physical ailment that would limit the user's capacity to operate the controls.
- Do not use for longer than the recommended time.
- Only gentle force should be exerted against the mechanism in order to eliminate risk of injury.
- Use this product only on the body's soft tissue as desired without producing pain or discomfort. Do not use on the head or any hard or bony area of the body.
- Bruising can occur regardless of control setting or pressure applied. Check treatment areas frequently and immediately stop at the first sign of pain or discomfort.
- Failure to follow the above may result in the risk of fire or injury.


## THREE YEAR GUARANTEE

FKA Brands Ltd guarantees this product from defect in material and workmanship for a period of 3 years from the date of purchase, except as noted below. This FKA Brands Ltd product guarantee does not cover damage caused by misuse or abuse; accident; the attachment of any unauthorised accessory; alteration to the product; or any other conditions whatsoever that are beyond the control of FKA Brands Ltd. This guarantee is effective only if the product is purchased and operated in the UK / EU. A product that requires modification or adaptation to enable it to operate in any country other than the country for which it was designed, manufactured, approved and / or authorised, or repair of products damaged by these modifications is not covered under this guarantee. FKA Brands Ltd shall not be responsible for any type of incidental, consequential or special damages.

To obtain guarantee service on your product, return the product post-paid to your local service centre along with your dated sales receipt (as proof of purchase). Upon receipt, FKA Brands Ltd will repair or replace, as appropriate, your product and return it to you, post-paid. Guarantee is solely through HoMedics Service Centre. Service of this product by anyone other than the HoMedics Service Centre voids the guarantee. This guarantee does not affect your statutory rights.

For your local HoMedics Service Centre, go to  
[www.homedics.co.uk/servicecentres](http://www.homedics.co.uk/servicecentres)

### WEEE explanation

 This marking indicates that this product should not be disposed with other household wastes throughout the EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.

# Homedics

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