

HOMEDICS®

LEADERS IN HEALTH & WELLBEING



Register your product today at
www.homedics.co.uk/product-registration



SHIATSU ELITE II MASSAGER WITH HEAT

instruction manual

MCS-845H-GB
MCS-845H-EU

3 YEAR guarantee

PRODUCT FEATURES

POWER BUTTON

To turn on the massage functions, first press the POWER button. The LED indicator will illuminate. To turn off the massage functions, simply press the button again. The LED indicator will blink while the massage mechanism returns to its lowest point, and then it will turn off.

NECK HEIGHT ADJUSTMENT

When neck massage is in use, press the up/down arrows to adjust the massage mechanism position to your personal comfort level.

KNEADING MESSAGE

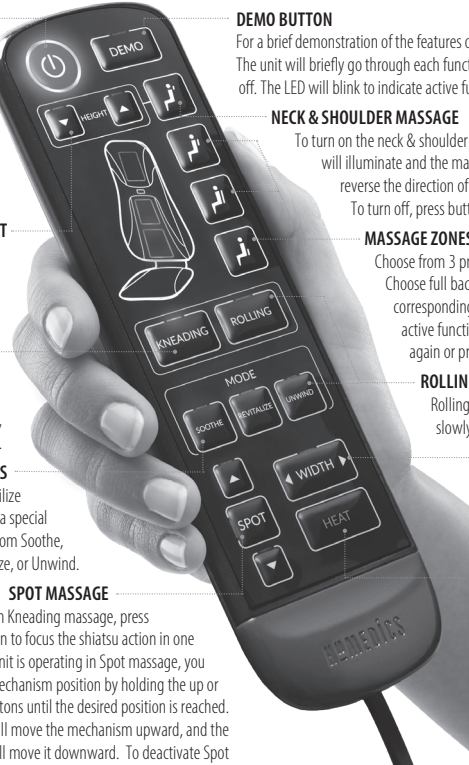
Kneading is a deep shiatsu massage. During this function, the massage nodes will rotate while traveling up and down your back, soothing tense muscles.

MESSAGE PROGRAMS

Choose from 3 preset programs that each utilize different functions of the massage cushion in a special sequence. Choose from Soothe, Revitalize, or Unwind.



**Moving Shiatsu
massage mechanism**



DEMO BUTTON

For a brief demonstration of the features of the massage cushion, press the Demo button. The unit will briefly go through each function. Once completed, the unit automatically turns off. The LED will blink to indicate active function.

NECK & SHOULDER MESSAGE

To turn on the neck & shoulder massage, press the "neck" button. The LED light will illuminate and the massage will start. Push the button a second time to reverse the direction of the massage rotation.

To turn off, press button a third time.

MESSAGE ZONES

Choose from 3 preset zones to enjoy a rolling or kneading massage. Choose full back, upper back, or lower back by pressing the corresponding icon button. The LED will illuminate to indicate active function. To deselect a massage zone, press the button again or press another button.

ROLLING MESSAGE

Rolling massage simulates 2 hands pressing firmly and slowly traveling up and down your back.

WIDTH ADJUSTMENT

While the unit is in Rolling massage, press this button to adjust the distance or width between the massage heads. With each press, the massage heads will move.

HEAT BUTTON

To activate soothing heat when massage is on, press the Heat button and the corresponding red LED light will illuminate. To deselect, press the button again, and the corresponding LED light will turn off. For your safety, heat cannot be turned on if no massage function is selected.

SPOT MESSAGE

While the unit is in Kneading massage, press the Spot button to focus the shiatsu action in one place. Once the unit is operating in Spot massage, you may adjust the mechanism position by holding the up or down arrow buttons until the desired position is reached. The up arrow will move the mechanism upward, and the down arrow will move it downward. To deactivate Spot massage, press one of the massage zone buttons.

INSTRUCTIONS FOR USE:

The cushion comes with a screw located on the back of the unit to protect the massage mechanism during shipment, which must be removed before the first use to allow the unit to function properly. Use the provided allen wrench. Then, properly dispose of the screw.

Warning: Failure to remove screw may cause permanent damage to the massage cushion. DO NOT REINSTALL SCREW

1. Untie cord strap, extend cord and insert plug into household electrical outlet to power unit.
2. Attach the cushion to most chairs for a luxurious massage as you read, rest, or even work.

Strapping System

The Foldable 3D Shiatsu and Vibration Massaging Cushion incorporates a unique strapping system which allows you to fasten it to almost any chair. Just slip the straps over the seat or chair and adjust fastening straps to secure. Your massager won't slip or slide away.

Note: Do not use this product for more than 15 mins at a time. The moving dual massage mechanism on the back always "parks" or finishes in its lowest position. It will continue to this position after the power has been turned off. If the electrical supply is interrupted, when power is restored, the mechanism will "park" or move to its lowest position.

MAINTENANCE:

Cleaning

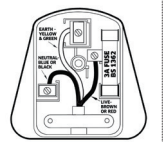
Unplug the appliance and allow to cool before cleaning. Clean only with a soft, slightly damp sponge.

- Never allow water or any other liquids to come into contact with the appliance.
- Do not immerse in any liquid to clean.
- Never use abrasive cleaners, brushes, glass / furniture polish, paint thinner etc to clean.

Storage

Place the appliance in its box or in a safe, dry, cool place. Avoid contact with sharp edges or pointed objects which might cut or puncture the fabric surface. To avoid breakage, DO NOT wrap the power cord around the appliance. DO NOT hang the unit by the cord.

PLUG: If the plug on this appliance is damaged, it can be replaced with a BS 1363 plug, fitted with a 3A BS 1362 fuse. The recommended fuse for this appliance is 3 amp. Care must be taken when changing the plug. If in doubt, contact a qualified electrician.



FKA Brands Ltd

Somerhill Business Park, Tonbridge, Kent TN11 0GP, UK
Customer Support: +44(0) 1732 378557 | support@homedics.co.uk



IB-MCS845H-0719-01