



**Advanced + MSM
Tablets**

**360
ct**



With Glucosamine • Uniflex® • MSM

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

DIRECTIONS: Adults take three (3) tablets once a day with a meal **OR** one (1) tablet three times daily with meals.

Supplement Facts		
Serving Size 3 Tablets		
Servings Per Container 40		
	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	2 g	<1%*
Sodium	20 mg	1%
Glucosamine Hydrochloride	1500 mg	†
Chondroitin Sulfate	200 mg	†
Hyaluronic Acid	3.3 mg	†
Calcium Fructoborate	216 mg	†
MSM (Methylsulfonylmethane)	1500 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: microcrystalline cellulose, coating (hydroxypropyl methylcellulose, modified corn starch, titanium dioxide, polyethylene glycol, glycerin, magnesium silicate), magnesium stearate
CONTAINS SHELLFISH (SHRIMP, CRAB, LOBSTER, AND CRAYFISH).



Quality You Can TRUST

These Glucosamine joint support tablets are Gluten free, and like all Schiff products, Move Free joint support supplements are guaranteed for freshness, purity, and labeled potency.

★★★★★

Great product

"Move Free is a fantastic product! I exercise daily, and I do have knee problems... No stiffness, a very lubricated feeling. If I miss a few days I can tell."

—Amazon Customer

**SUPPORTS
SIGNS OF
5 JOINT
HEALTH***

Mobility | Comfort | Strength
Flexibility | Bone

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