



Quality Attribute Sheet for: **BIGS Simply Salted Pumpkin Seeds 12-5 OZ**

UPC 1601201112

Ingredient Statement:

Pumpkin Seeds, Salt.

Nutritional Information:

Servings per container	about 4
Per serving:	1/3 cup (37g)
Calories	190
	% Daily Value
Total Fat, 12g	15%
Saturated Fat, 2.5g	13%
Trans Fat, 0g	
Polyunsaturated Fat, 5g	
Monounsaturated Fat, 3.5g	
Cholesterol, 0 mg	0%
Sodium, 1,220mg	53%
Total Carbohydrate, 11g	4%
Dietary Fiber, 8g	29%
Sugars, < 1g	
Added Sugar, 0g	0%
Protein, 10g	19%
Vitamin D 0mcg	0 %
Calcium 0mg	0 %
Iron 2.7mg	15 %
Potassium 170mg	4 %

*The Daily Value(DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Product Facts	
Case Gross Weight	4.4 lbs.
Case Net Weight	3.75 lbs.
Case Volume	0.43 cu ft
Case Dimensions (L X W X H)	12 X 7.63 X 8.06
Pallet Tie X High	20X06 = 120
Shelf Life	420 Days
Storage Requirements	DRY, AMBIENT
Kosher	Kosher OU- Pareve
BE Disclosure	N/A (Not a bioengineered food)
Country of Origin of Finished Product	USA

Other GTIN #	
CS	10816012011128
EA	00816012011121
PAL	50816012011126

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